

Stabbed for a shoulder bump?

Police say Toronto pedestrian stabbed in the heart after bumping into someone PAGES

On the road

For the first time in its 17-year history, Ottawa's International Writers Festival is making tracks to Perth

TOSSED SALADS AND SCRAMBLED...

BRAINS? KELSEY GRAMMER ON HIS ROLE IN THE EXPENDABLES, PUNCHING PEOPLE, AND HOW HE'S 'A LOT TOUGHER THAN PEOPLE THINK' PAGE 19



Guilty plea in bacteria smuggling case

Klaus Nielsen.

Former food inspection agency researcher attempted to transport vials of live pathogens to China



JOE LOFARO joe.lofaro@metronews.ca

A Canadian Food Inspection Agency (CFIA) researcher pleaded guilty in an Ottawa courtroom Wednesday after trying to smuggle 17 vials of live pathogens to China last year.

The RCMP intercepted Klaus Nielsen, 68, on his way to the Ottawa airport on Oct. 24, 2012, as they believed he was going to commercialize intellectual property belonging to the CFIA. The investigation started in 2011 after police received a tip from the CFIA.

Nielsen pleaded guilty to all of his charges Wednesday, including breach of trust and unsafe transportation of a human pathogen.

The vials confiscated by police contained live brucella bacteria that can infect humans and livestock.

Nielsen declined to comment as he left the court-house with his lawyer, Soloman Friedman, Wednesday morning.

morning.

The RCMP also charged Wei Ling Yu, who is still at large. She is wanted on a Canada-wide arrest warrant

Nielsen was part of a sixperson team that developed a 15-second test for brucellosis in cattle in 2003 called fluorescence polarization assay. U.S. company Diachemex manufactured the

The company's website lists fluorescence polarization as its "foundation," with distributors on five continents including North and South America, Asia, and Europe.

In 2010, Yu and Nielsen co-authored a study in the Croatian Medical Journal on an alternative method for brucellosis detection.

Brucellosis is known as undulant fever in humans. According to CFIA's website, it can cause intermitent fever and flu-like symptoms and last for months.

While the disease is under control in Canada (the last known case was detected in Saskatchewan in 1989), up to 25 per cent of the population of some Latin American countries are afflicted, according to the agency.

The RCMP said the investigation, dubbed Project Sentimental, was "complex" and involved resources from the RCMP's Clandestine Laboratory Response Team, the Ottawa Fire Services Hazardous Materials Response Team, and Ottawa police.

"The RCMP, in collaboration with their partners, were able to quickly and efficiently mobilize and respond to this threat which helped minimize the public's risk of exposure to these contagious substances," read a RCMP news release issued after Nielsen's arrest



Klaus Nielsen leaves the Ottawa Courthouse Wednesday after pleading guilty for attempting to smuggle live pathogens to China.



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Smoke but no fire found as plane forced to land in city

Macdonald-Cartier International Airport.

Officials searching for cause after evacuation

Smoke in the cockpit forced an unscheduled landing Wednesday in Ottawa for a Air Canada Jazz flight.

The airline says emergency vehicles were at the ready after the crew of Flight 8953 requested "priority landing" at Macdonald-Cartier International Airport.

No one was injured as the 69 passengers quickly left the aircraft amid heavy rainfall.

Emergency officials confirmed there was no fire on board, but the plane is being inspected to determine the cause of the smoke, said a Jazz spokeswoman.

Ottawa firefighters and paramedics were also called to the airport around 6 a.m. but were not involved in dealing with the plane or passengers.

The passengers — en route to Toronto from Fredericton, N.B. — have been booked on alternate transportation, the airline said.

It's the second time this week that emergency crews have been placed on standby at the Ottawa airport because of problems with an aircraft.

A Canadian North plane was evacuated Monday when a sensor alerted the crew of a possible fire. An airline spokesman said it was a false alarm. THE CANADIAN PRESS

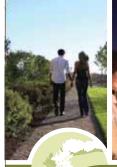


An Air Canada Jazz aircraft sits at the Ottawa airport in 2012. A Torontobound Air Canada Jazz flight from Fredericton, N.B., made an emergency landing in Ottawa on Wednesday morning. ADRIAN WYLD/THE CANADIAN PRESS FILE



Pedestrians wounded in pair of collisions

Two pedestrians were struck in separate incidents on Ottawa streets Tuesday night. A 42-year-old man was taken to hospital with life-threatening injuries following a hit-and-run at the intersection of Kent and Catherine streets at around 10:18 p.m. He suffered damage to his head, neck and leg. The driver of the Hyundai Elantra fled the scene on foot, but police arrested their suspect shortly thereafter. Earlier that night, a 56-year-old man was hit by a bus on Rideau Street. Paramedics responded to the call at 8:20 p.m. They treated the man for a traumatic head injury. He was taken to the hospital in stable condition. Ottawa police are investigating both incidents. MIKE CARROCCETTO/FOR METRO









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ALL SWEATS



Two craft beers, two countries. one turtle theme

Serendipitous suds.

Brewmasters find commonality through ale and more

When an Ottawa microbrewery owner met an Israeli beer maker, the two realized they had something in common other than ales.

Ori Sagy, founder of Alexan-der Israeli Boutique Brewery, has a turtle logo on his bottles, much like that of JP Fournier's Turtle Island Brewing Co.

The suds serendipity gets even stranger: Sagy's tagline is "Go slow."

Turtle Island Brewing Co.? "Great beer takes time."

"It's kind of a neat coincidence," said Fournier, over beers with Sagy at Big Rig Brew-ery on Wednesday. Sagy has made his first trip to Ottawa for the third edition of the Nation-



al Capital Craft Beer Festival Aug. 15 to 17.
Sagy, a former pilot with

the Israeli Air Force, made the switch to commercial brewing in 2008, although he says he had been home brewing for about 30 years.

"Now I'm trying to make peace in another way," he said. Through beer."

Eitan Weiss, head of public diplomacy at the Embassy of Israel, matched Sagy with Fournier, who founded the craft beer festival, as a means of bridging cultures through beer.

The original plan was to also bring in Sagy's friend, a Palestinian craft beer maker, but he was unable to make the festival.

Sagy said he plans to focus on the Israeli market, but if enough Canadians enjoy his brew, he will consider exporting. His brand will be on tap at the National Capital Craft Beer

All from one family

Four arrested in drug investigation

Three adults and one teen from the same Gatineau family were arrested Tuesday night and could face charges of marijuana possession and trafficking.

Police say they have been tracking the family in a three-month-long investigation, during which they seized \$120,000 worth of marijuana, 369 pot plants and production equipment. LUCY SCHOLEY/METRO

Gatineau

Couple facing child porn charges

A child was displaced from home after Gatineau police said the 34-year-old man and 26-year-old woman he was living with were arrested. They face charges of possession of child pornography, producing child pornography, corruption of a child and bestiality.

The couple's identity is

being withheld to protect the child's identity, police said. JOE LOFARO/METRO

Catwalk. Fledgling fashion designers to strut their stuff in Gatineau

Gatineau will be a fashionable spot next Tuesday when the country's fledgling designers showcase their threads.

The Mercedes-Benz Start Up is coming to the city Aug. 18 to 19 for the semifinal rounds of its competition.

The program travels across Canada to find up-and-coming Canadian fashion designers. The winner gets the chance to show his or her designs at the World MasterCard Fashion Week, a \$30,000 bursary and a mentorship by the country's top design gurus.

About 100 designers applied for this year's competition.

There is a tremendous

amount of talent in Canada; however, it is largely untapped," Carolyn Quinn, director of IMG Fashion Events & Properties in Canada, wrote in an email. "Emerging designers need mentorship, resources and opportunities to market their brand."

The idea is to give designers from outside the country's biggest cities the chance to compete, she said. Designers will audition in Gatineau on Aug. 18 and those selected will showcase their work the following day. The next round of semifinals will be in Burlington, Ont., on Aug. 20 and 21.

LUCY SCHOLEY/METRO



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Ottawa Walking With Dinosaurs

The Arena Spectacular.

Show features cast of 'live' dinos ranging in size from an eight-foottall Utahraptor to a T. Rex stretching 24 feet and weighing more than 3,000 pounds

DENIS ARMSTRONG

The best thing about Walking With Dinosaurs — The Arena Spectacular is the cast.

Even though I could see the performer inside the 100-pound costume as a baby Tyrannosaurus rex, his movements, sounds and special effects were quite convincing. I screamed and braced myself to become the monster's lunch.

Based on the hit BBC television series Walking With Dinosaurs, and the original 2007 live arena show, Walking With Dinosaurs — The

When and where

- Walking With Dinosaurs

 The Arena Spectacular
 is at Canadian Tire Place
 Aug. 20-24 for eight
 performances.
- Tickets start at \$19.50 and can be purchased online at Capitaltickets. ca or Evenko.ca, by phone by calling 613-599-FANS (3267) or in person at any Canadian Tire store, the Sens Store or any Sports Expert location.

Arena Spectacular is bigger, with a cast of 20 "live" dinosaurs ranging in size from an eight-foot-tall Utahraptor to a Tyrannosaurus rex stretching 24 feet tall and weighing more than 3,000 pounds, the same size as a large SUV.

Created by Creative Technologies in Australia, the two-hour show is half National Geographic, half Disney. Using the latest archeological

research, the dinosaurs — including a Plateosaurus, Stegosaurus, Allosaurus, Brachiosaurus, Ornithocheirus, Torosaurus and Ankylosaurus — look realistic, with distinctive feathers, head crests and tail fans.

Just as impressive is the human skill and animatronic technology that brings each creature to life.

Some dinos are so big and intimidating, it takes three performers — a driver and two Voodoo puppeteers — to operate.

It took a team of 50 engineers, fabricators, skin makers, artists and painters a year to build the production.

"We take the audience on a journey back in time and show them how the dinosaurs might have actually looked in their prime huge, sometimes frightening, sometimes comical monsters," said Scott Faris, the show's director.

"Our dinosaurs move exactly like they are real — with all the roars, snorts and excitement that goes with it."



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Life Financial

Ottawa writers fest heading on road trip to Perth (Ont.)

If people won't go to the Ottawa International Writers Festival, then the festival will come to them.

After 17 years of bringing world-class authors to Ottawa, the International Writers Festival began toying with the idea of taking the big show on the road in 2013. The only place the festival board considered, and it turned out to be a natural choice, was Perth, Ont., the small town an hour west of Ottawa and once voted "the prettiest town in Ontario."

Not only is it pretty to look at, but it's blessed with an abundance of readers. It has four bookstores, which is about four more than most towns. Then, the town's municipal government, BIA, library, schools and businesses got on board. Perth is a small town with big cultural ambitions.

The Ottawa International Writers Festival moves to the Crystal Palace on the Tay River in Perth on Aug. 22 with Canada Reads winner Terry Fallis reading from his bestselling novel Best Laid Plans. The Perth Writers Festival continues on Aug. 23 with workshops at the Perth library and museum with award-winning



authors Amanda West Lewis, Phil Jenkins and Lee Ann Eckhardt Smith.

The Perth Festival will also launch its literacy program for students, which is designed to bring authors to area schools, and its Step Into Stories and THINK INK creative writing programs. Details are posted on the festival website at writersfestival org

writersfestival.org.

"This is a completely unique event," said Neil Wilson, founder and director of development for the Ottawa

International Writers Festival. "We asked the town if they wanted a writer's event and they said yes and we asked who they wanted and they said Terry Fallis because the CBC filmed parts of the miniseries Best Laid Plans here in Perth.

"The festival is about big ideas, kids, education, what kind of city we want to be. This is the beginning of an ongoing relationship with the students and people of Perth."

DENIS ARMSTRONG/FOR METRO



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Thursday, August 14, 2014

Man stabbed in the heart for accidental shoulder bump in downtown Toronto

A 33-year-old man was stabbed in the heart and remains in critical condition after he accidentally bumped shoulders with another pedestrian while walking and texting in downtown Toronto, police said Wednesday.

The man was walking while sending a message on his phone just after midnight.

He bumped the passerby, who took the contact as a "perceived slight" and allegedly attacked him, police said. Const. David Hopkinson

Const. David Hopkinson said the man's attempt at self-defence only further offended the suspects, causing one of them to stab him in the heart.

The victim was rushed to hospital, where he was last

reported in critical but stable condition.

Hopkinson said the incident near Toronto's Yonge-Dundas Square seems "totally unique or random."

"It seems like it makes no sense."

A man was arrested shortly after, while another is sought by police.

Mohamed Ali, 27, is charged with attempted murder and aggravated assault.

Police describe the second suspect as white, five-foot-eight with short dark hair, and a chin-strap beard. Officers say he was wearing a black-and-white sweater and may be familiar to those in the Yonge-Dundas area. THE CANADIAN PRESS





Hold off the salt,

Health. New research questions the need to reduce sodium intake, although scientist says 'most people should stay where they are' and not eat more salt

A large international study questions the conventional wisdom that most people should cut back on salt, suggesting that the amount most folks consume is OK for heart health — and too little may be as bad as too much. The findings came under immediate attack by other scientists.

Limiting salt is still important for people with high blood pressure — and in fact, a second study estimates that too much sodium contributes to up to 1.65 million deaths each year.

The studies both have strengths and weaknesses, and

come as the U.S. government is preparing to nudge industry to trim sodium in processed and restaurant foods.

The first study's leader, Dr. Salim Yusuf of McMaster University's Population Health Research Institute in Hamilton, urged keeping an open mind.

"There are those who have made a career out of promoting extreme sodium reduction that will attack us," he said. It's better to focus on healthy life styles and overall diets instead of a single element, "and that is something everyone can rally around."

No one should view this as permission to eat more salt, he said, adding that "most people should stay where they are."

The study was sponsored by the McMaster institute, nonprofit and government groups and industry, but funders had no role in running it. The countries included Canada but not the United States; China accounted for 42 per cent of participants. About 40 per cent had



on holding study says

high blood pressure.

Sodium levels were estimated from a single urine test instead of the preferred method of over 24 hours at multiple times, which Yusuf said was impractical in such a big group.

That drew criticism from a host of scientists.

"This is a fundamental flaw" that undermines confidence in the results, said Dr. Elliott Antman, president of the Heart Association.

Dr. Robert Eckel, a University of Colorado cardiologist and a former Heart Association president, said the single measure is a big limitation, but that researchers "did the best they could" in such a large study and that the findings still have some merit.

"I find the potassium data of great interest" for potentially lowering risk, he said.

Dr. Martin O'Donnell of McMaster University, one of the researchers, said potatoes, bananas, avocados, leafy greens, nuts, apricots, salmon

- Sodium levels generally correlate with the risk of high blood pressure. But this link is strongest when sodium intake is high and isn't seen at all when consumption is low.
- A different nutrient potassium — seems to lower blood pressure and heart risks, and offsets sodium's effect.
- People who consume three to six grams of sodium a day had the lowest risk of heart problems or death from any cause during the nearly fouryear study.

and mushrooms are high in potassium, and "it's easier for people to add things to their diet than to take away" something like salt.

THE ASSOCIATED PRESS

Missed symbolism

Court upholds citizenship oath to the Queen

Citing the "symbolic" nature of the citizenship oath, Ontario's top court has dismissed a constitutional challenge by three permanent residents who claim swearing allegiance to the Queen is discriminatory and unjust.

The trio had argued that

the provision that requires would-be citizens to swear to be "faithful ... to Queen Elizabeth" violates the Charter of Rights and Freedoms.

Ontario Court of Appeal Justice Karen Weiler ruled Wednesday that the claims were based "on their misconception" of the meaning of the oath to the Queen.

"The oath to the Queen of Canada is an oath to our form of government," Weiler wrote in her decision.

THE CANADIAN PRESS

Terrorism

Hamas victims sue Arab Bank over 'martyr benefits'

Steve Averbach was seated on a packed bus in Jerusalem in 2003 when a Hamas suicide bomber disguised as an Orthodox Jew set off an explosion that left the New Jersey native paralyzed.

More than a decade later, Averbach's family — he died in 2010 — and about 140 other U.S. victims of terror attacks in Israel, Gaza and the West Bank during a Palestinian uprising from 2001 to 2004 want the Jordon-based Arab Bank to pay a price.

A civil trial that's set to begin Thursday in federal court will see the victims try to convince a jury that the bank helped Hamas finance a "death and dismemberment benefit plan" for martyrs. THE ASSOCIATED PRESS

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metroews.ca metronews.ca Thursday, August 14, 2014

Crumbling venues, billions over budget define Athens '04's legacy

Greece. Ten years on, the glamour of the 2004 Olympic Games has worn away, leaving only a country in recovery

In an obscure corner of a park sits a forlorn reminder that, 10 years ago, Athens hosted the 2004 Summer Olympics. The crumbling miniature theatre is inscribed with the words "glory, wealth, wisdom, victory, triumph, hero, labour" — and is where Olympic officials planted an olive sapling bearing their names for posterity.

Once a symbol of pomp, the marble theatre is now an emblem of waste in a venture that left a mixed legacy: a brandnew subway, airport and other vital infrastructure that significantly improved everyday life in a city of four million, set against scores of decrepit sports venues built in a mad rush to meet deadlines — with little

Poor maintenance

"We spent a lot of money for some projects (that) are shut and rotting."

Pyrros Dimas, former Olympian and member of Greek parliament

AUGMENTED REALITY

→ There are a number of athletic venues that have not aged well. For more photos of crumbling Olympic venues, scan this photo with your Metro News App.

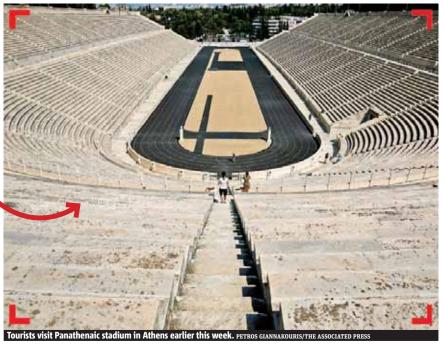


→ See the full instructions on Metro's Voices page.

thought for post-Olympic use.

As Greece groans under a cruel economic depression, questions linger about whether the Athens Games were too ambitious an undertaking for a weak economy. While economists agree it would be unfair to blame the meltdown on the 17-day Games, the post-Olympic era is seen as a decade of lost opportunities — including failure to significantly boost the country's sporting culture. It's a lesson to which Brazil may pay heed, as it races to complete projects ahead of the 2016 Olympics in Rio de Janeiro.

"We didn't take advantage of this dynamic that we got in 2004," said former Olympic weightlifting champion Pyrros Dimas, a Greek sporting hero turned Socialist member of Parliament. "We simply made the



biggest mistake in our history: We switched off, locked up the stadiums, let them fall to pieces, and everything finished there."

"We spent a lot of money for some projects (that) are shut and rotting," said Dimas, who won his last Olympic medal in an Athens arena now reinvented as a lecture and conference venue. "There were projects that should have cost two and three million (euros) and suddenly became so big that they cost 13 and 14 million. There was no control."

The latest government estimate sets the final cost of the Games at 8.5 billion euros, double the original budget but a drop in the ocean of the country's subsequent 320 billion-euro debt, which spun out of control after 2008. Former organizing committee chief

Gianna Angelopoulos has commissioned the first independent survey of the Olympics' overall economic effect. It will aim to weigh Olympic overspend and waste against a possible boost to the crucial tourism industry — arrivals have almost doubled since 2004, from 11.7 to 20.1 million — foreign investment

and employment. Greek Olympic Committee head Spyros Capralos, a senior

Athens 2004

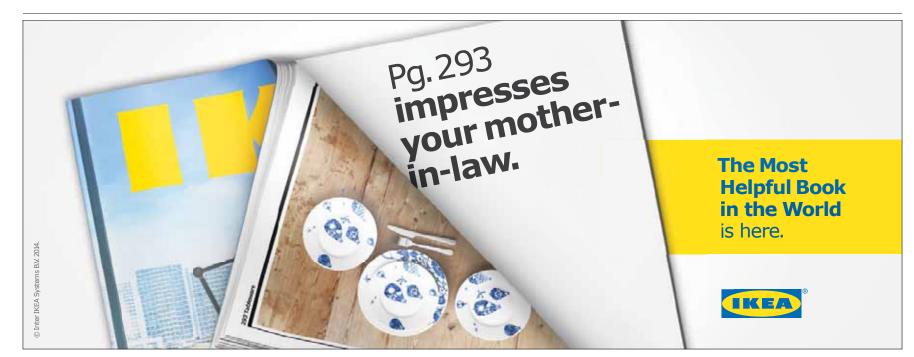
Greece injected billions into infrastructure projects for the 2004 Olympic games.

- Aside from sports stadiums, a brand new subway was built, as well as an airport.
- Costs associated with the Games led Greece to spending well over budget, with projects costing between 13 and 14 million euros.
- Recent government estimates have pegged the final cost of the games at 8.5 billion euros.
- Despite massive debt, Greece's tourism has potentially boomed, rising from 11.7 million annual visits to 20.1.

member of the 2004 organizing committee, said the state of the sporting venues "puts our country to shame." The former swimming champion and two-time Olympic water polo competitor blames bureaucracy and lack of foresight.

"Simply, someone must do whatever is needed for the venues to be taken over by the private sector." he said.

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White House plans Iraq rescue operation



Canada's role. U.S. seeking help from allies in protecting Yazidis, Iraqi Christians

The United States is planning an international effort to whisk displaced people to safety in Iraq, and it appears there may be a supporting role for Canada. The U.S. says it's in discussions with several countries including Canada about helping Yazidis, Iraqi Christians, and other people who have become displaced by the advance of Islamist fighters.

At a White House briefing Wednesday, deputy national security adviser Ben Rhodes said the U.S. was taking up offers to help those who are under threat from the al-Qaida splin-

ter group, the Islamic State of Iraq and the Levant. "We have offers of support

"We have offers of support from a number of allies like France, Australia, Canada," Rhodes said.

"We'll be in discussions with them about what they can do both as it relates to helping the Yazidi population ... but also, more broadly, helping bring relief to the displaced persons in northern Iraq, which

includes not just Yazidis but an enormous number of Iraqi Christians and others who have been driven from their homes by ISIL."

It's expected that most countries would play a humanitarian-assistance role while the U.S. weighs options for a military mission to help move tens of thousands of people away from the area.

HE CANADIAN PRESS

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Egypt. Ousted Hosni Mubarak defends his years in power

In his first speech since being put on trial, Egypt's toppled president Hosni Mubarak denied Wednesday that he ordered the killing of protesters during the 2011 uprising that deposed him. Speaking from a gurney, the 86-year-old former leader sought to mend his image, clearly emboldened by the country's changed political landscape.

Speaking from inside a cage that holds defendants, Mubarak gave a 23-minute, uninterrupted address aired live on national television. It

starkly contrasted the dozens of ongoing trials of ousted president Mohammed Morsi and his supporters, toppled in last year's military overthrow, who are crammed inside soundproof glass cages for their hearings.

"Hosni Mubarak who ap-

"Hosni Mubarak who appears before you today would never order the killing of protesters or the shedding the blood of Egyptians," the former autocrat said, speaking in the third person in an impassioned, defiant statement.

THE ASSOCIATED PRESS



Vatican City

Pope appeals to UN to end tragedy in Iraq

The Vatican is increasingly indicating support for military action in Iraq to protect Christians and other religious minorities from persecution by the Islamic State. On Wednesday, the Vatican released a letter Pope Francis sent to the UN secretary general renewing his appeal to the international community to take action.

THE ASSOCIATED PRESS

Raising fear

Poland, Latvia protest Russian politician's claims

Poland and Latvia have summoned the Russian ambassadors to protest threats by nationalist politician Vladimir Zhirinovsky, who last week said Poland and the Baltic states would be "wiped out" in the event of a war between Russia and the West. "The Baltic States and Poland are doomed.... Nothing will remain there," Zhirinovsky said.

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Williams' daughter gives up social media

Online abuse following dad's death. Accounts of both alleged bullies were suspended

Robin Williams' daughter has abandoned her online social media accounts in disgust following what she called "cruel and unnecessarv" messages following her father's death, a move that has prompted Twitter to explore how it handles such situations.

Zelda Williams, 25, wrote that she was stepping away from her Twitter, Tumblr and Instagram accounts "for a good long time, maybe forever.

The move came after at least two users upset the grieving actress by sending disturbing images and verbal attacks. In one of her last tweets on Tuesday night, Williams asked fellow

users to report her alleged tormentors to Twitter managers. "I'm shaking," she wrote. One of the images was a Photoshopped image of Robin Williams purporting to be his corpse.

Well-wishers and fans online quickly rallied to Zelda Williams' defence, and the accounts of both alleged bullies were suspended by Wed-

will not tolerate "We abuse of this nature on Twitter," Twitter said in a statement Wednesday afternoon.

"We have suspended a number of accounts related to this issue for violating our rules and we are in the process of evaluating how we can further improve our policies to better handle tragic situations like this one. This includes expanding our policies regarding self-harm and private information, and improving support for family members of deceased users.

THE ASSOCIATED PRESS

Deep-space missions

New tech could provide health care to astronauts

A new Canadian technology could be the key to ensuring astronauts' health and wellbeing on deep-space missions.

Researchers at St. Mary's Hospital in Montreal are part of a team developing health technology to provide remote care to astronauts.

It sounds like something out of science fiction — a virtual medical consultant combining the knowledge of a psychologist, occupational therapist, family doctor and emergency-room physician all in one.

The technology uses body sensors to constantly monitor an astronaut's health as well as software that can provide real-time treatment instructions to the crew's medical officer.

THE CANADIAN PRESS

Apology not accepted

Doug Ford says sorry to Toronto police chief

Mayor Rob Ford's brother issued a public apology to Toronto's police chief Wednesday and retracted comments that prompted the city's top cop to threaten legal action — but it ap-peared his efforts weren't accepted.

Coun. Doug Ford said he decided to take "the high road" two days after Chief Bill Blair filed a defamation notice that demanded a public apology and retraction in an agreed-upon forum.

"I apologize to the chief and, he feels I've impugned his reputation, by no means am I doing that and I retract my statement," Ford told reporters at city hall. "We're going to move forward with the business of the city."

THE CANADIAN PRESS



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Domestic violence

Laxpunishment appalls Maine Gov.

Maine Gov. Paul LePage has told the NFL's commissioner that he is appalled by the slap on the wrist given to Ray Rice, who allegedly struck his then-fiancée. Rice was punished with a two-game suspension for a domestic violence arrest.

Lepage said that simply suspending players for domestic violence can send a message that such behaviour is acceptable. THE ASSOCIATED PRESS

Mont Blanc

Six found dead on French mountain

Six French climbers died in a fall on France's Mont Blanc, officials said Wed-

Jean-Baptiste Estachy, head of the Mont Blanc rescue squad, said five bodies were found Wednesday morning and the body of the sixth victim was later pulled out from the bottom of a Crevasse. The associated press

Special prosecutor approves Bountiful polygamy charges

Sect leaders charged.

Community members are part of Fundamentalist Church of Jesus Christ of Latter Day Saints

Polygamy charges against two men have been approved by a special prosecutor in the longrunning investigation of the community of Bountiful, B.C.

Independent Special Prosecutor Peter Wilson announced Wednesday that sect leaders Winston Kaye Blackmore and James Mario Oler each face charges of polygamy, and that Oler also faces a charge for the alleged unlawful removal of a child from Canada.

In addition, Brandon James Blackmore and Emily Ruth Crossfield each face a charge for the unlawful removal of a child from Canada.

The RCMP has been inves-



tigating the polygamist community, near Creston, B.C., over the past two decades.

Blackmore is considered the leader of the community of 1,000 people, who are members of the Fundamentalist Church of Jesus Christ of Latter Day

Saints, which also has communities in Arizona, Texas and Utah.

Blackmore and Oler were first arrested on polygamy charges in 2009, the first time Canada's polygamy laws have been enforced. After their arrests, the B.C. Supreme Court initiated a Reference to determine whether section 293 of the Criminal Code (the polygamy provision) was consistent with the Canadian Charter of Rights and Freedoms. The court upheld section 293 as constitutional.

The Criminal Justice Branch said the charges approved by Wilson are similar to the ones they were originally charged with in 2009. Oler's charge of alleged unlawful removal of children — with the intention that an act of sexual interference or invitation to sexual touching be committed outside Canada — is based on new information as a result of investigations in the U.S., it said.

Blackmore and Oler's first appearances are anticipated to be on Oct. 9 in provincial court in Creston.

MATT KIELTYKA/METRO IN VANCOUVER WITH FILES FROM KRISTEN THOMPSON

You never forget your first... Taste! RIDEAU CENTRE

Questions still linger about use of untested Ebola drugs on patients

Doctors treating a leading Sierra Leone physician who became sick with Ebola considered giving him an experimental drug but feared it could trigger a dangerous immune response and did not administer it, Doctors Without Borders said Wednesday.

The revelation came the same day that another top doctor from Sierra Leone died of the disease, fuelling a debate about how to apportion a limited supply of untested drugs and vaccines and whether they are even effective.

Ebola has killed more than 1,000 people and sickened nearly 2,000 in the current West African outbreak that has also hit Guinea, Liberia and Nigeria.

At the time the experimental treatment was being considered for Dr. Sheik Humarr Khan, his immune system was starting to produce antibodies suggesting he might recover, Doctors Without Borders said in a statement.

Khan was due to be transferred to a European hospital that would be more capable of handling side-effects that may arise with the experimental drug, it said.

In the end, the treating phys-

Difficult choice

"Trying an untested drug on patients is a very difficult decision, particularly in the light of the 'do no harm' principle."

Statement from Doctors Without Borders

icians decided against using the drug. They never told Khan of its existence because they felt it would be unethical to tell him of a treatment they might not use. Shortly after their decision, however, Khan's condition worsened, the statement said, and the company providing the medical evacuation decided not to transfer him. He died a few

The drug is believed to be ZMapp, an experimental drug that has been already been given to three people.

Meanwhile, the debate over experimental treatments and vaccines still continues. Canada has promised to donate 800 to 1,000 doses of its untested Ebola vaccine to the World Health Organization and questions are being asked about who will get it and how scientists will determine if it works.

THE ASSOCIATED PRESS

Company 'evaluating options' for Ebola drug

Tekmira Pharmaceuticals Corp. says it's in talks with governments and nongovernmental organizations in various countries about the potential use of its experimental Ebola drug in infected patients.

The Vancouver-based company says it's "carefully evaluating options" for using its unapproved TKM-Ebola drug, but it can't assure an appropriate framework will be found.

The U.S. Food and Drug Administration has relaxed a clinical hold on testing of TKM-Ebola, potentially enabling its use in patients stricken with the virus.

Tekmira has a \$140-million contract from the U.S. Defense Department to develop TKM-Ebola. THE CANADIAN PRESS

Scrabble. The world's best players compete for \$10K grand prize

The world's best Scrabble players are squaring off for the title of Scrabble champion.

The 25th National Scrabble Championships began in Buffalo on Sunday with 525 players from 11 countries competing for the \$10,000 top prize.

By the time it is over, contenders in five different divisions will have played 31 games each over five days, with rankings based on winloss records and the number of points by which they outscore opponents.

The player to beat is fivetime champion Nigel Richards, an Australian who lives in Malaysia. Will Anderson, an editor from Croton-on-Hudson, was hoping to spell out a serious challenge after finishing third last year.

"He's like the Michael Jordan of our game," said Anderson, who prepared for the games by solving jumbleword lists and playing practice matches. "He's in a class by himself and his command of the dictionary is unbelievable."



Mark Przybyszewski, Buffalo's top player, was pretty sure he wouldn't win the world title but was confident he would retain his ranking as having the highest-scoring name in Scrabble, worth about 39 points on the board.

oints. The associated press

'I play better when I'm playing better players," said Przybyszewski.

The tournament began days after 5,000 new words were added to the official Scrabble dictionary.

THE ASSOCIATED PRESS



Paris nixes padlock fixes

Latvians Regina and Vadim Medvedev pose for a selfie on the Pont de l'Archeveche in Paris during their honeymoon. Paris hopes to persuade visiting couples to end the recent and unwelcome tradition of fixing padlocks to the Pont de l'Archeveche, michel euler/the associated pres

Justin Bieber. Canadian pop singer avoids DUI conviction with guilty plea

Pop star Justin Bieber pleaded guilty Wednesday to misdemeanour charges of careless driving and resisting arrest seven months after his arrest in Miami Beach.

The 20-year-old pop star's plea deal with prosecutors, detailed at a court hearing, includes a 12-hour anger management course, a \$50,000 charitable contribution and a \$500 fine. The deal allows Bieber to avoid a drivingunder-the-influence convic-

A charge of driving with an

expired licence was dropped when Bieber provided a valid

Miami-Dade County Judge William Altfield said he wants the case and the worldwide negative publicity it generated for Bieber to serve as an important lesson to the singer and his millions of fans.

"I hope that he realizes his actions not only lead to consequences that affect him but they lead to consequences that affect others that are looking up to him as a role model."

THE ASSOCIATED PRESS

Pittsburgh

Alleged whiskey thief dies, avoids jail

The former live-in caretaker of a Pittsburgh-area mansion has died, ending criminal charges that he drank more than \$102,000 worth of old whiskey that he was supposed to be guarding.

A district judge last year ordered 63-year-old John Saunders to stand trial after hearing testimony from the owner of the South Broadway Manor Bed and Breakfast.

The mansion's owner claims Saunders, who died July 21, hid nine 12-bottle cases of whiskey inside the century-old mansion.

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metronews.ca Thursday, August 14, 2014 metr⊕ **BUSINESS**

.wtf? Yes, that is a real domain suffix

Dot what?! The days of only .com or .ca are over, and a Canadian has launched one of the most popular alternative web suffixes so far — .club

Guessing a website address used to be so simple. Stick a .com or .ca at the end of a company or organization's name and most of the time, that would do it.

But there's a flood of new generic top-level do-mains (gTLDs) hitting the web, which could eventually leave consumers struggling to remember which of more than 1,400 web suffixes to type in.

The Internet Corporation for Assigned Names and Numbers (ICANN) is in the process of gradually rolling out all kinds of new web address types, including .best, .buzz, .cheap, .cool, .expert, .guru, .ninja, .sexy and .wtf.

The most popular so far has been .club, which was launched by Canadian Colin Campbell, who previously founded the companies Internet Direct, Tucows and Hostopia.

More than 90,000 .club URLs have been registered so far and a few were sold off for five-figure fees. Eat. club was purchased for \$20,000, English.club went for \$17,500, chinese.club was bought for \$13,750, and toys.club for \$12,500, says Campbell, who also recruited rapper 50 Cent to use the web address 50inda. club for an official fan site.

Teen pop star Demi Lovato has also purchased a .club address for her fan

THE CANADIAN PRESS



Showing our true patriot love for BTMs

Kyle Kemper, CAVIRTEX's vice-president of business development, introduces six new Bitcoin Teller Machines in Toronto on Wednesday. With the launch of six new BTMs in Toronto and four more to roll out across the country shortly, Canada now has more BTMs than anywhere else on the planet. The fleet of BTMs are being released by CAVIRTEX — Canada's largest Bitcoin exchange and service provider. The machines are located in high-traffic Gateway Newstands locations across the Greater Toronto Area. CAVIRTEX plans to install an additional four machines in Vancouver, Niagara, Ottawa and Halifax. CAVIRTEX BTMs are capable of buying and selling up to \$3,000 worth of bitcoin exclusively in the Canadian marketplace. The machines are built by Ottawa-based hardware and software provider BitAccess, NATHAN DENETTE/THE CANADIAN PRESS

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Tech. Amazon squares off against Square with new credit-card reader and app

Amazon is taking direct aim at mobile payment systems such as Square by introducing the Amazon Local Register in the U.S., a credit-card processing device and mobile app designed to help small business owners accept payments through their smartphones and tablets.

The move places the largest U.S. e-commerce retailer in competition with Square and other established mobile payment processing systems such as PayPal Here and Intuit's Go-Payment.

Amazon's technology includes a card reader that attaches to a smartphone, Kindle or tablet. The reader processes credit or debit card payments via a secure Amazon network, the same one that processes Amazon.com purchases. The service is designed to serve onthe-go small business owners who might otherwise only accept cash or cheques, including massage therapists, food truck operators and artists who sell their work at outdoor fairs.

Businesses must buy Amazon's card reader for \$10 US, and download the free mobile app from the Amazon app store, the Apple app store or Google Play.

THE ASSOCIATED PRESS



This image provided by Amazon shows Amazon Local Register, the company's new credit-card processing device and mobile app. AMAZON/THE ASSOCIATED PRESS

Money is for charity

Most bids for Sam Sung's business card were fake

A B.C. children's charity is disappointed after the majority of eBay bids for the last business card belonging to former Apple Store employee Sam Sung turned out to be fake.

On Tuesday, Sung and eBay decided to remove the majority of bids for the framed and autographed presentation of his last Apple business card, T-shirt and lanyard that he was auctioning off for the B.C. and Yukon chapters of the Children's Wish Founda-

The bidding had previously reached a shocking \$80,200 US. On Wednesday morning, the highest bid sat at \$1,965.

The director of the charity's B.C. and Yukon chapters said she was disheartened to see the drop in bids, which could have gone on to grant wishes to eight children suffering from life-threatening illnesses. Thandi fletcher/metro IN VANCOUVER

Violates charter rights?

Ontario women sue Ottawa over U.S. tax fraud law

Canada has violated the charter rights of nearly a million Canadians by agreeing to share their financial details with authorities in the United States, two Ontario women allege in a new lawsuit.

In the suit against the Attorney General of Canada they accuse Ottawa of breaching the Constitution by complying with a sweeping new American tax fraud law, known as the Foreign Account Tax Compliance Act. THE CANADIAN PRESS

Market Minute





15,262.73 (-11.50)



\$97.59 US (+\$0.22)



GOLD \$1,314.50 US (+\$3.90)

Natural gas: \$3.80 US (-\$0.01)

Dow Jones: 16.651.80 (+91.26)

metronews.ca Thursday, August 14, 2014

I TOTALLY MADE ALL OF THIS UP

It's time for another issue of The Beaver Examiner, a publication that will always be proudly independent from facts. I make no money running The BeavEx, but I don't lose any, making it the most successful newspaper in North America. Here's the news:

Hollywood anxiously awaits Death No. 3

prise, like George Clooney."

LOS ANGELES - Well aware that the trinity is not complete until one more celebrity dies, Hollywood stars are refusing to leave their homes as they wait to learn who will complete the group that began with comic genius Robin Williams and legendary actress Lauren Bacall. "What's really unnerving is it could be anyone," actor George Clooney said from a secure bunker underneath his L.A. bungalow. "It could be something sad, but not that shocking, like Mel Brooks, or it could be a complete sur-



John Mazerolle metronews.ca

dolphin breeding upsets whales, dolphins VANCOUVER – A decision by the Vancouver Park Board to ban the breeding of aquatic animals at the Vancouver Aquarium has been met with mixed reactions from scientists, and uni-

Vancouver Aquarium ban on whale,

versal condemnation from the animals in question. "Let me get this straight," dolphin Helen said through a translator. "First you give me as much space to move as a downtown condo dweller, and now you take away the only fun I get? Why don't you just harpoon me

Neighbourhood tidies up only when Google car visits

SAINT JOHN, N.B. - Residents of the South End admit that though they always mean to get around to it sooner, they clean up only when they know Google will be visiting. Locals recently put on their best clothes, painted over the graffiti and picked up garbage that had been littering the sidewalks since the last time the Google Street View Carwas through. "It never seems that bad, and then I hear the car coming and suddenly all I can see is abandoned dog poop," said resident Colin

Increasingly desperate Edward Snowden releases NSA employees' middle names

UNDISCLOSED LOCATION, RUSSIA - Quickly running out of revelations to share, NSA whistleblower Edward Snowden has released over two dozen potentially embarrassing middle names of NSA and CIA employees, including "Alexis" and "Marion." Snowden said the middle names the U.S. government would prefer to keep secret go all the way back to the founding of the NSA, when its first chief Ralph Canine tried to hide his middle name, Julian. Snowden also promised "big news" in September when he reveals how seldom NSA head Keith Alexander washed his hands after using the washroom.

Like diving from your desk ...



Christophe Bailhache surveys Christ of the Abyss, with the SVII cameras off the coast of Key Largo, Fla. U.S. government scientists hope people will soon be able to go online and get a 360-degree view of reefs and other underwater wonders, much like Google Map's Street View lets people look at homes. PHILIP DUNSTAN/CATLIN SEAVIEW SURVEY/THE ASSOCIATED PRESS

... OK, no it isn't, but it is like Street View for reefs, other wonders

It's easy to go online and get a 360-degree, ground-level view of almost any street throughout the world. Soon, scientists hope people will be able to do the same with coral reefs and other underwater wonders.

U.S. government scientists are learning to use specialized fish-eye lenses underwater in the Florida Keys this week in hopes of applying Street View mapping to research and management plans in marine sanctuaries nationwide.

Some of the rotating and panoramic images will be available online as early as this week, including a selection on Google Maps, giving the public a window into ecosystems still difficult and costly to explore for long stretches of time.

About 400,000 images have been produced so far of reefs off Australia and in the Caribbean, but this is the first time the technology is being used in North American

The images in the U.S. will add scale and details to data that's already been collected, and illustrate the successes and failures of coral restoration. THE ASSOCIATED PRESS

In images previewed by project director Richard Vevers, endangered elkhorn coral, bleached fields of dead coral and coral nurseries suspended like hanging plants in the Keys' blue waters were in sharp focus as they rotated on screen.

In an hour-long dive, each camera can capture images over an area up to 20 times larger than what's available with traditional underwater photography equipment, Vevers said.

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Under the weather



ANDREW **FIFIELD**

Depending on where you call home, you've likely encountered some very hostile rainstorms and associated flooding this summer, often with scant warning. American states are dealing with very similar events, including Nebraska. On Saturday alone, the town of Kearney endured about nine centimetres of rain — triple the average amount for the entire month of August. The result can be seen here, as CCTV captures a terrifying surge of water crashing through the doors and windows to flood a dining room. (Good Samaritan Hospital/YouTube)





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Thursday, August 14, 2014

Caricaturist draws attention to the joys of sketching people

A quick study. Artist turns love of sketching into her livelihood



BACKSTAGE PASS Jen Traplin ottawa@metronews.ca

For 32 years, Laura Lynn Eggleston has made her living doing something few artists do: drawing caricatures. In fact, Eggleston is one of just a handful of caricaturists in the Ottawa area.

"I had never seen anyone draw a caricature until I visited Quebec City when I was about 25. I said to myself, 'I can do this,'" she recalls.

"I had always liked drawing little sketches of my university teachers in the margins of notebooks, or going out to bars to do drawings of people at their tables, while I was taking art classes for my bachelor of education at the University of Saskatchewan in Saskatoon."

After a stint as a highschool art teacher in Regina, Eggleston moved to Toronto in search of a different lifestyle in a bigger city.

She started drawing caricatures at Canada's Wonderland in 1982, where she'd



been hired to do pastel portraits for the summer.

"We were trained by an artist from Disney World in Florida," she explains. "The next year, I got a job doing caricatures at Ontario Place. I did that for maybe 10 summers. Our employer there took us out to other jobs the rest of the year as well. Eventually, I moved with my husband and child to Ottawa and continued caricatures here."

Over the years, she has had the opportunity to draw thousands of caricatures, including a few for some very high-profile clients.

"Phyllis Diller, the comedian, told me she liked my pink boots once," Eggleston says. "Denny of the Mamas

Visit Eggleston's website

For more info about Laura Lynn Eggleston, go to caricaturesandclowns.com

and the Papas sang Laura to me. I've met Jose Feliciano, Chuck Mangione, Gordon Lightfoot, Wayne and Shuster, Gordon Pinsent, Eartha Kitt, one of The Supremes and many other celebrities when I drew them."

These days, most of Egg-

leston's work is by the hour at weddings, store openings, company picnics, trade shows and colleges. She also does work from photos for schools and businesses.

"I think the act of doing caricatures is a life approach," she says. "For me, it's not about a five-minute piece of art you can throw away. It's existential. It's thousands of hours of making people smile and laugh and how could I get any luckier than to do that?"

The luck of the draw

"For me, it's not about a five-minute piece of art you can throw away. It's existential. It's thousands of hours of making people smile and laugh."

Caricaturist Laura Lynn Eggleston



metronews.ca Thursday, August 14, 2014

Trading fine wine for a gunning good time

Kelsey Grammer. The man more commonly known as Frasier loosens his tie for a turn in an action flick



EHRBAR
Metro World News in Hollywood

Kelsey Grammer is one of several high-profile additions to the Expendables franchise for its third outing, and even he understands people might find his inclusion in the '80s throwback testosterone-fest something of a head-scratcher. But, as Grammer tells us, he's actually tougher than people think. "I'm working at the gym. I'm punching people in the streets," he jokes. "All those punch videos you've been seeing? That's me."

This is an interesting choice for you, this franchise. What was your reaction when they first approached you?



Kelsey Grammer wants us to know he's tougher than we think he is.

Actually they didn't approach me. I had heard there was a role available in The Expendables. I didn't know what it was, I didn't know how it was going to play out or what the requirements really were, but I knew if I pushed a little bit, maybe their imaginations would say, "Oh. Kelsey Grammer. OK, that's a surprise."

I'm a lot tougher than



people think I am. If you know anything about my personal life, you'll realize that. I thought I could fulfil the requirements of an action film, should that be

Is that something you've been looking to do? Oh, I'd love to, I'd love to do it. And who knows, it may happen, it may not happen. But being in this film was a complete joy for me.

And Bonaparte actually is a terrific character. He's just a guy who used to be in some kind of mercenary world and stepped away and is a procurer, basically, now. He puts together teams and he's been making some pretty good money at it.

AUGMENTED REALITY

→ Need an action fix? Scan this photo with your Metro News app for some clips from Expendables 3



→ See the full instructions on Metro's Voices page.

It was really fun to play, and we kind of just hit on this sort of Hemingway, broad-shouldered kind of guy who is in the background now a little bit. But my hope is now if we do another one, Bonaparte gets to don the military motley. So to speak.

That Hemingway-esque, life-on-the-road type seems fun.

Yeah, who lives big, has lived a big life — and believes in things that some of us believe in still about courage and about showing up and about taking a stand, being in the fight. I'm one of those guys. A man's man.

How does the breakdown of divisions between the film and TV worlds look from the perspective of someone who's been so successful on the TV side?

In England, you can go from television to film to stage seamlessly. Nobody has an issue. In America, yeah, we tend to kind of put people in these pockets. It was always my dream that I would break the bonds of Frasier at some point and have a chance to play some other roles. I think Boss helped that, and people went, "Oh wow, I had no idea."

Because they never do. So you have to show them. I did another comedy in England in the spring called Breaking the Bank that's about a British guy, and of course everybody there said, "I had no idea he was British!" Well, I'm not. I'm an actor.

So that's where we are, we're still trying to convince people that actors are actors, and we'll be OK.

Mel Gibson. Reluctant villain had a ball putting his own touch on script

Mel Gibson is the bad guy in Expendables 3, taking on Sylvester Stallone's crew of aging action heroes, but that piece of info is news to Gibson.

"I didn't read it thinking I was the bad guy, you know? In fact, I didn't know I was the bad guy until I saw it," he insists.

"I thought Dolph Lundgren was the bad guy, so it's a surprise to me and I'm kind of shocked and a little offended. I wanted to be the love interest, but there was no one to love, really."

Joking aside, Gibson was eager to put his own spin on the character of Conrad Stonebanks, a former Expendable-turned-arms dealer with a Stallone-sized chip on his shoulder.

"I kind of worked on the script a little bit and I came in and hammered it out," he says. "I handed out the pages to Sly and (director) Patrick (Hughes) and they looked at it and went, 'Yeah, it's cool.' It was just a theme of somebody who was subcontracted by his government and then thrown under the bus — a real person."

While Gibson clearly had a ball with the Expendables franchise, he's got other work on his mind, primarily directing. "I think the most fun

or trink the most run you can have standing up is directing a film. It's like my primary want. That's my gift, I think, direction. I'm going to pursue that," says Gibson, who won a directing Oscar for Braveheart in 1996.

"I've got a few

"I've got a few irons in the fire. It doesn't pay to talk too much about it because industrial espionage is rife. The minute you say anything somebody swipes the idea.

"It's like, 'That's a good idea. We should do that.' It ends up on TV or something, but that's OK too. I'll direct TV.

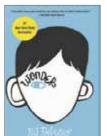
"It's great. TV is getting, like, amazing. I definitely have my sights set on that and will do. Yes."





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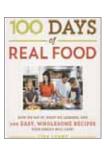


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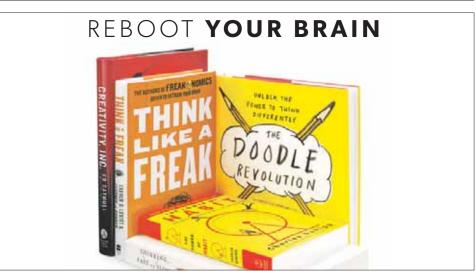
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metronews.ca
Thursday, August 14, 2014

Shirinian takes the long view

It Was You Charlie.

Short filmmaker's feature-length debut is a meditative tale of unrequited love and psychological misery

CHRIS ALEXANDER

It's hard to love a character like Abner, the flawed protagonist in writer/director Emmanuel Shirinian's feature debut It Was You Charlie.

The Telefilm-funded picture stars Michael D. Cohen as the downtrodden Abner, a night-shift doorman who once had a rather beautiful life as a professor and artist but who now wallows in misery following an accident in which a girl was killed. Spiralling into depression, self-pity and endless suicidal thoughts, Abner is a miserable creature and yet, under Shirinian's sure hand, we end

up caring very deeply about his strange, surreal plight and want nothing more than to see him climb out of his self-made quagmire.

"He wasn't based on anybody, really — he's an outsider," the award-winning short filmmaker Shirinian says of his magnetic main character.

"He's the black sheep of the story and there was something appealing to me about a guy that had it all, and yet lost everything when something destructive happened, leaving him unable to surface. There was something heartbreaking about that. People ask me what kind of film this is and I say it's both an unrequited love story and an existential psychological thriller."

It Was You Charlie sees Shirinian adapting his craft for a larger canvas, with a denser narrative and obviously larger stakes, and commercial expectations figuring into his art for the first time. Still, the process remained the same.

"I made a bunch of short films, true," notes the director. "But this was no differIt Was You Charlie opens this Friday in Toronto. CONTRIBUTED

ent structurally, save for the amount of time we had. Your role as a director, I've found, is to be a salesman and a negotiator. It's a battle to find that balance but we were lucky in that I was free to make this movie on

my own terms. Everything fell into place. This wasn't about a paycheque for myself and my cast and crew, rather it was about passion and just doing whatever we could do to make my vision a reality."

The beauty of the film is that Abner seems to drift in an uncanny environment, one that is like our own yet steeped in dream. With the benefit of Luc Montpellier's (Take This Waltz, Away From Her) gor-

Passion project

"This wasn't about a paycheque for myself and my cast and crew; rather, it was about passion and just doing whatever we could do to make my vision a reality."

Writer/director Emmanuel Shirinian on making It Was You Charlie

geous cinematography, we float with Abner in this uncomfortable, sometimes hostile, often beautiful ghost world, an honest attempt by its creator to sculpt a film that functions as an impression, rather than a clearly defined narrative movie.

"It's that between what is real and what is not that appeals to me. We didn't want clear defined edges about the timeline, about what is present and what is flashback. It's meditative almost and even a bit ambiguous. I like that about the film, very much."





Naked Jennifer Lopez seems a little too perfect to Leah Remini

Leah Remini isn't ashamed to admit that she checks out BFF Jennifer Lopez's body. But can you blame her? "I do stare at her naked and not in a crazy way but I'm like, 'What a bitch,'" Remini jokes to E! News. "And I'll tell her, too — 'Disclaimer: I'm staring at you, I'm looking for cellulite and looking for things that my mind could compute,' and she's like 'Well, just look and try to find it.'" They do sound like fun, don't they?

Simmons to immigrants: 'Learn goddamn English'

Gene Simmons is going the tough love route when it comes to immigrants who've just made it to the U.S. "I'm actually saying the thing that needs to be said because the politically correct climate is bulls—," Simmons tells Huff-Post Live. "You don't want to upset anybody by saying, 'Learn to

goddamn English.' So, as an immigrant, I'm telling you: Learn to speak goddamn English. It is the key that will unlock the keys to the kingdom. If you make the effort, then all the possibilities of this culture will open up for you and give you all the rewards that I've gotten." Even an arena football team?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Blake dreams of a Lively litter, Ryan dreams of hot fudge



NED EHRBAR

Blake Lively is so hot on the idea of having kids, she's even envious of the birthing habits of other mammals.

"I've got to get started.

If I could spit out a litter of kids, I would," she tells Marie Claire.

Sounds messy, and not at all like something you'd expect her Paltrow-ish lifestyle website, Preserve, to recommend. But hey, get your litter on, Blake.

As for husband Ryan Reynolds? His opinion on the matter, according to this totally-taken-out-ofcontext quote from the same interview?

"Honestly, all he wants to eat is hot fudge sundaes," she says. Twitte



@**LilTunechi** Ain't no woman like da 1 l got.





IohnCleese

19 days to finish auto biography. Nose to the grind stone ... finishing up school days.

DISH



@SethMacFarlane

Thank you, Lauren, for teaching us all how to whistle. You will be missed, but more than that, you will be celebrated.



Crushing or crunching, Tia-Theron gym dust-up 'blown out of proportion'

Tia Mowry wants to make sure everyone knows that Charlize Theron did not, in fact, try to get her banned from SoulCycle. The rumour started after Mowry mentioned running into the Oscar-winner at the trendy exercise studio only to

find

Theron "wasn't very nice to her." A couple of days later, and that's become Theron is trying to get the Sister, Sister star barred. "It was definitely blown out of proportion," Mowry says, according to Just Jared. "I do not know Charlize. I absolutely love her, she's my 'woman crush Wednesday,' you can even see it on my Instagram! I'm obsessed with her, I love

her." She might not
have had you banned,
Mowry, but you're
definitely heading
the right way for a
restraining order.



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It's a new dawn, it's a new

shirt, and it's feeling good

A breakdown for the boys. Not sure where to begin your fall wardrobe hunt? Start with your sense of touch.

JOHN MACKAY

If it feels good, wear it. You've heard that before, but not like this.

These days, it's as much about how clothes feel when you touch them, as it is how you look when you wear them. When you're searching for new style finds for chillier temperatures, prioritizing fabrics as well as intriguing patterns will land you some enviable finds.

Here are a few pointers to keep in mind while seeking out those essential pieces for next season:

If this is the fall you buy a new suit, then go for a dark grey flannel that has some weight to it. If you want to take a different direction, a wool sports jacket in a subtle check is a great alternative. By subtle, we're

talking colour; the check itself can be large.

Where coats are concerned, you can aim for a classic wool topcoat in a heritage fabric or, since this is a year of mixing the dressed with the casual, a

down-filled coat or threequarter outdoors-looking jacket will work.

Look for something a little less puffy than the one you've been kicking around in the last couple of years. A duffle coat is a great idea as well.

The Brits call them roll necks, we call them turtlenecks and yes, turtleneck sweaters are sticking their heads out again. A fine wool turtleneck can replace shirt and tie under a tailored suit with black under black looking great for a big night out.

Fisherman knit and cable knit sweaters are going to be worth the finan-

Trends Report

Toronto is currently hosting its first-ever Men's Fashion Week and in keeping up with the theme of men's fashion and style, Trends Report will look at five style mistakes men commonly make. Go online to read more and take the poll to let me know which men's style mistake you think is the most cringeworthy.

 Online. metronews.ca/ trends-report



cial outlay.

And while we're on sweaters, a good alternative to something heavy and textured is the new crop of geometrics including classic argyles in bold colours.

Get yourself a bandcollared shirt, which is, essentially, a shirt without
a collar. It will be perfect
under a suit. There are bold
coloured, patterned scarves
to be had and you may have
noticed that gold chains are
looking kind of good again;
one thin chain, nothing
bling.

A man's must-haves

metronews.ca Thursday, August 14, 2014



Designer Christopher Bates took time away from Toronto Men's Fashion Week to give use his list of essential's every man should own:

A casual sports jacket.
"It's the most dynamic
piece a man can own. It can
be dressed up or down and
worn day or night."

2A tailored white dress shirt. "This is the linchpin of a man's wardrobe. You should actually have at least three to account for time to dry clean it if you get lipstick on your collar..."

A grey suit. "When you're building your wardrobe, this is the first suit you should buy. Grey flatters most complexions and you can spice it up with a myriad of shirt and accessory options."

4 Black leather bomber.
"Invest in a high-quality leather bomber and it will last you for ages and get better with time. It's an edgy piece that says you mean business."

Tapered blue jeans. "The key here is fit. Boot cut or straight leg are simply unflattering. A tapered leg makes you look taller, trimmer and more stylish. Try dressing them up with a casual sports jacket or pressed white dress shirt."

Fashion by the foot

 Two-buckled, monk strap shoes are all set for their moment this fall, and there are some terrific boots, particularly hybrid hiking boots with a space-age look to them. The one key thing to look for is a thicker sole, crepe if you see it. For socks, think solid colours not stripes, but look for textures and patterns like herringbone and paisley.



Canadian street style

Spotted in: Toronto

Name: Kira

Age: 30

Occupation: Optician

What she's wearing:

Reiz glasses, Gifted necklace, H&M jersey dress, H&M denim jacket, Vans shoes, Topshop bag. **Her inspiration:** "I have to dress stylish and casually professional for work but also am on my feet all day so comfort is big for me too. I like being kind of quirky with my style by keeping it basic but using key pieces of jewelry or pattern on shoes and of course glasses to top it off!"

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JEANNE SPACE Jeanne Beker life@metronews.ca TWITTER ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



Wrapping up Caribbean tastes



Pack a picnic. Jerk Chicken Wraps contain classic island flavours like mango, pineapple and jerk marinade

- 1. Garlicky Spread: In a food processor or blender, combine the yogurt, cucumber, olive oil, lemon juice, salt, pepper, dill, garlic and honey (if using). Process until well combined then transfer to a separate dish, cover and refrigerate for at least one hour for best flavour.
- 2. Clean chicken pieces with the lemon juice and cool water, drain and place in a bowl. Cover in jerk marinade and allow to marinate for at least 1 hour.
- **3.** In the meantime, move your oven rack so it's about 6 to 8 inches away from the main heat source and set your oven to the broil setting. Line a baking pan with tin foil and brush it with oil or use cooking spray. Place the chicken on the lined

For your phone

Tavola (iPad/ iPhone; free)

This Italian cookbook by Edmonton-based chef Daniel Costa brings wine pairings and Rdio music playlists to dishes promising memorable experiences such as Ribolitta, Pappardelle, Tagliatelle Bolognese, and Eggs In Purgatory.

pan, cover with any remaining marinade and broil for 10 minutes. Remove from the oven, flip over and broil for another 8 minutes. If using thick chicken breast, broil an additional 4 minutes. Set aside to cool.

- 4. Blanch carrots by bringing to boil 3 cups of water and tossing them in for 25 seconds. Immediately transfer to bowl with ice water to stop cooking process. Drain and pat dry with paper towels. Shred the lettuce.
- 5. When chicken is cool, slice into 1/4 inch strips and if you have any drippings in the baking pan, pour over the sliced chicken and give it a good mix.
- **6.** Take a flour tortilla and spread about a teaspoon of the Garlicky Spread across a 1-inch strip the length of the tortilla. Across one end, place a bit of

- 3 lbs boneless chicken breast • Juice of 1 lemon
- 1 1/2 cups jerk marinade
- 1 tbsp vegetable oil
- 1 1/2 each cups carrots, julienned; lettuce; firm mango, julienned; pineapple chunks; cucumber ribbons (use a potato peeler)
- 8-10 (10 inch) flour tortillas Garlicky Spread
- 2 (8oz) containers plain Greek yogurt
- 1 cucumber; peeled, seeded and diced
- 1 tbsp olive oil
- Juice of 1/2 lemon
- Salt and black pepper to taste
- 1 tbsp dill, chopped
- 3 cloves of garlic
- Few drops of honey (optional)

chicken, carrots, mango, pineapple, lettuce and cucumber ribbons, and roll tightly, tucking everything in as you do so. Slice in the middle so you have two pieces of Jerk Chicken Wrap. Hold together with toothpicks. RECIPE COURTESY THE VI-BRANT CARIBBEAN POT 100 TRADITIONAL AND FUSION RECIPES VOL 2 BY CHRIS DE LA ROSA (CARIBBEANPOT.COM)

Cookbook of the Week

Visit the islands from your kitchen



Chris De La Rosa first released The Vibrant Caribbean Pot as an e-book and this printed version contains 40 more recipes for 100 dishes that span a range of islands. Aside from demystifying Caribbean cooking through informative sections that detail common herbs and ingredients, and much more, The Vibrant Caribbean Pot is full of De La Rosa's personal anecdotes and memories of growing up in Trinidad and Tobago.Among the dishes are Ultimate Curry Chicken, Stewed Pumpkin with Shrimp, Cassava Pone, and

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Easy ways to add art to your dorm

Not allowed to hang art? Here are a few solutions to the ageold dorm room rule



Many student accommodations insist on the no-nail holes rule in dorm room and student housing walls. In most cases, not even tape is allowed. So how does a decor-conscious student get creative when displaying art in their personal space?

Here are some alternatives that will allow you the luxury of adding personality without breaking any rules.



Sleep on the

have a giant piece of art to brighten your room. Duchess Grand Duvet Cover, \$129, UrbanOutfitters.



Take a bold shower

Skyscrapers rise in a vintage graphic, adding a vibrant print to your bathroom. Metropolitan Shower Curtain, \$20, Simons.ca.



Stick with it

Easy to apply and always easy to apply and an easy to reposition, artsy decals stick to any smooth surface. Black/White Frames Kit designed by Jonathan Adler for WallPops, \$43, WallPops.com.

Hang in there

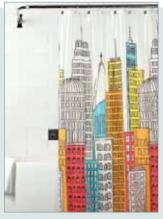
Mount a large framed photo without leaving nail holes or a sticky residue on the walls. 3M-Command Large Picture Hanging Strips, \$5, Walmart.ca.

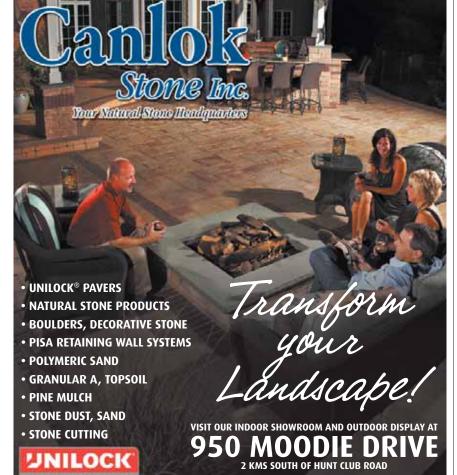
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Get hooked

Hang your art from a single hook that attaches over a rarely used closet door. Deluxe Single Over Door Hook, \$11, BedBathAndBeyond.ca.





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Could rolling robo-guard be as lovable as Rover?

OK, it's not quite Robocop, but Jr. will be able to roll around your apartment, house or office, constantly scanning to make sure all is well and letting you know as soon as it thinks it isn't.

Jr. will come with audio sensors and integrated cameras plus almost 360-degree vision and will be able to connect to the home network or to other devices using Blue-

Rather than rely on someone to guide it via a remote control, Jr. will learn to adapt to its surroundings and develop a map it can navigate around the home without crashing into walls or furniture.

"Our mary advantage over existing security systems is that there is no invasive installation, our software uses machine

time, and the device does not remain in a static, predictable position," says Roambotics CEO and co-founder Scott

For the moment, Roambotics will be focusing on developing Jr.'s home security skills, but the long-term goal is to build on the robot's features and uses over time so

that it will become as much a part of

and useful." washin your home — and to be intuitive and useful."

Jr., from Roambotics, Business Wire

Roambotics CEO Scott Menor machine or television. For example, the highquality cameras that will initially search for signs of a break-in or disturbance could just as easily be used to spontaneously capture those Kodak moments around the "Our goal is to make a personal robot that is an integrated part of your household," says Menor. "We want Jr. to look and feel robust — like an appliance that belongs

"Our goal is to make a

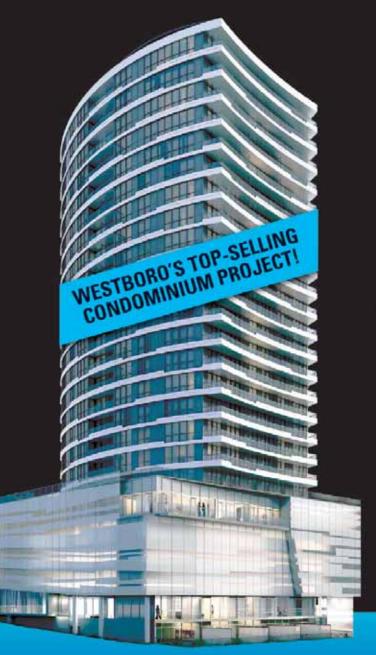
integrated part of your

household. We want Jr.

to look and feel robust

... and to be intuitive

personal robot that is an



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Fall is having a Highland fling

Mad for plaid.

From tweeds and tartans to terriers and thistles, decor adopts all things Scottish

Where fashion goes, decor follows. And this fall, the fashionistas are inspired by Scotland.

Plaid capes, kilts and coats hit the fall 2014 catwalk for Saint Laurent and Stella McCartney. Marchesa showed tartan-printed lace, argyle and fur, and deconstructed kilt patterns into a dress collection. Brazilian label Animale used Celtic and druid patterns, and shot their ad campaign against a rocky, Braveheart-esque background.

Maybe it's Scotland's referendum on independence that's drawn designers' attention.

If you're ready to add a little Highland fling to your living space this season, there are lots of options.

Rich woods, squooshy sofas, rubbed bronze and landscape prints evoke the Caledonian country manor. The look — traditional and tasteful — can be dressed up or down.

And modern interpretations also abound, with oversize or edited classic patterns, layering of aged items with new, and playful versions of iconic Scottish elements.

Clan of the cloth

Scottish style is rich with clan tartans and evocative motifs drawn from a long and tempestuous history. The colour palette is equally rich: Deep lichen greens, rainy greys, cranberry, moat blue, malt and butterscotch. In paints, check out Devine Color's Oat, Thunder and Juniper; Sherwin Williams' Loch Blue and Salute; Farrow & Ball's Pigeon. (devine-colour.com; sherwin-williams.com; farrow-ball.

Tartan plates take the Scottish decor trend to the table

tones, and at Way

fair, there are Milli-

ken's Magee rugs in am-

ber, gold and emerald plaids.

(pineconehill.com; wayfair.

PENDLETON-USA/THE ASSOCIATED PRESS

A herringbone to pick

Look for archetypal pat-

terns like herringbone,

plaid, tweed, lace and ar-

gyle. Pottery Barn's Alana

lace printed bedding; Tar-

print lampshade; Missoni's tweed pouf; and Graham & Brown's argyle wallpapers are at AllModern. (allmodern.com)

Pine Cone Hill's Greyville Tartan rug has lovely muted

Stag party

At LampsPlus.com, there's a selection of Woolrich throw pillows featuring stags' heads, pheasants and plaid trims. Here too are Townshend's Journey rug in a soft grey tartan, argyle print doormats and canvas pillows with regal crests.

DwellStudio's Thistle
Vine pillow features a
striking yet simple
graphic of the
plant printed in
dark brown on
a background
the colour of the
f o a m

on a glass of Bellhaven ale. (lumens.com)

Great Scottie!

More modern interpretations of Scottish icons are at Cafepress.com, including a rug featuring a Scottish terrier's silhouette superimposed on the bright blue and white of the flag.

Toiles and thistles

Scottish design studio Timorous Beasties' Thistle wallpaper comes in several moody colour schemes reminiscent of a

Scotch mist.

They've also created the edgy Glas-gow Toile, which at first glance looks

like a typical toile filled with vignettes, but on closer inspection depicts life on the seedier side of the city. (timorousbeasties.com)

Take to tartan

Michelle Pattee's photo of a regal stag is silkscreened onto hemp and backed in velvet to make a pillow at Pendleton-USA.com. The retailer also has some porcelain mugs and dessert plates in a jaunty tartan

Raise the antler

Look for items with key, thistle, antler, knot and shield motifs.



Sir Edwin Landseer's iconic painting of a mighty stag, Monarch of the Glen, is available in prints and on pillows at Zazzle.com.

Be manor enough

Leather and faux leather accessories are a good way to introduce a bit of the Scottish manor look without investing in a large piece of furniture. Check Homegoods for small storage boxes and trunks clad in faux leather, or spend a brisk fall Sunday prowling a good antiques market for items with provenance.

Pat Renson is an interior designer based in Auchterarder, near Scotland's famed Gleneagles golf course. She puts tartan and plaid on modern sofas and chairs. Velvety woodland-print pillows are paired with quilted linen headboards, in muted hues of ivory and earth. (patrenson. com) The ASSOCIATED PRESS





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metronews.ca Thursday, August 14, 2014 metr⊕ **BACK TO SCHOOL**

Get it done, on the go

YAWNEY

Desktop computers are great, but nothing compares to the portability of a laptop. From the powerful, to the convertible, there's a laptop for even the most budget conscious student. Here are the top picks this fall.

Macbook Pro, \$1,199 and up

A lot of power crammed into a compact package. Apple just updated the processing power of this stunning laptop, making it faster than ever. Students interested in graphical design or video editing should splurge for the model with the Retina display, which has astonishing clarity with razor sharp text. Expect to receive about nine hours of use from a single battery charge.

Macbook Air, \$999 and up

Lighter and slimmer than the Macbook Pro, but don't let its compact size fool you. This ultra-portable laptop can han-

dle plenty of tasks. FaceTime

is great for traveling students

who want to keep in touch

with family and friends. All

Macs come loaded with free

apps such as iLife and iWork,

so students can be productive

The Vaio is the world's light-

est ultrabook, that's heavy on

features. Outfitted in carbon

fibre, this laptop only weighs

2.34 pounds, perfect to slip

into a backpack. Despite its

lightweight, it's still durable

on the go.

Sony Vaio Pro,

\$1,149.99 and up

so you'll never miss the intro of another lecture again.

HP Slate 14, \$479.99

An affordable laptop designed for Android lovers. The HP Slate 14 stands out from the rest of the pack by using Android 4.3 Jelly Bean as its operating system, which means you can run many of your favourite

enough to handle daily wear

and tear! Other features include a beautiful touchscreen, hefty processor, backlit key-

board, and an impressive star-

tup time of only nine seconds,

Asus Transformer Book T100 Android apps. It also features quad-speakers for a rich audio experience and boasts nine hours worth of battery life.

Asus Transformer Book T100, \$349

This budget-friendly Windows 8 laptop is perfect for students with basic needs such as word processing or surfing the web for research. Like more expensive laptops, the keyboard can be removed, turning the screen into a modest performing tablet. Good bang for your buck, but you don't get the bells and whistles of high-end machines.



Phones getting straight As

Tech talk. From the multi-tasker to the socializer, there's a phone out there to satisfy your needs

MIKE YAWNEY

Smartphones have quickly become essential tools in the classroom. Not only can students download tens of thousands of useful apps, parents can use them to keep tabs on their teens. These smartphones pull in straight A's for performance and features.

Samsung Galaxy S5 \$699.99 (no contract)

Stylish, yet surprisingly rugged. This dust and water resistant smartphone is the perfect balance of productivity and play. The ultra power saving mode shuts off features you don't need to minimize battery consumption, so there is never an excuse to miss a call. The built-in fitness tracker will also help students keep track of their health goals when they're not in a marathon study session.

iPhone 5s \$719 and up (no contract)

Apple's iPhone 5s continues to be a favourite amongst students and parents. The new 64-bit A7 processor brings blazing fast performance. With more than half a million apps available,

you can turn your iPhone into

scientific calculator to an encyclopedia. The Touch ID sensor keeps data safe and secure, using fingerprints to unlock the device. LG G3, \$599 (no contract)

any number of

devices from a

One look at the screen and you'll fall in love with LG's latest Android smartphone. The G3's display boasts four times the pixels of high definition, creating an ultracrisp image. Typing has never been easier with the smart keyboard, which can be customized to the ideal size and layout. G3 owners can also disable and wipe data from their phones remotely with the Kill Switch feature.

HTC One (M8) \$699.99 (no contract)

An Android phone that screams style. The aluminium skin on the HTC One M8 is not only stunning, but functional, protecting the phone from

minor drops and dings. While there are plenty of apps for this device, the real draw is the fun camera, which allows you to refocus after you snap a photo, perfect for students who major in socializing.

Samsung Galaxy Note 3 \$749.99 (no contract)

The extra large 5.7-inch display on this phone makes it easy to

surf the web, type emails or read documents. The Note 3 features an S-Pen, a stylus which lets you doodle, write, or draw on documents, maps, photos, or diagrams. The extra screen real estate allows for two apps to be open

at the same time — a multitasker's dream.

Sony Xperia T3 \$449 (no contract)

The world's thinnest smartphone of its size. Sleek, elegant design to stand out in a crowd. The powerful camera is perfect to capture the campus scene, while the display features the latest technology found in Sony's televisions.

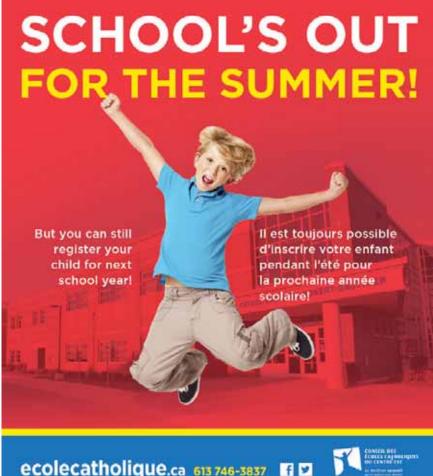
Alcatel OneTouch Idol 2s \$299 (no contract)

A smartphone for the budget conscious student. Single finger zoom, stabilization mode, while recording video and wireless streaming to your television, are just a few of the features that earn this phone marks

without breaking the bank.

> Clockwise from left: Samsung Galaxy S5, HTC One M8, LG G3, Alcatel OneTouch







CRAFT BREWING

Masters of their craft

Meet local brewers at the National Capital Craft Beer Festival

We live in a time when the craft beer explosion is still running high and nowhere near its peak.

The current wave of craft brewing in the National Capital Region is not only surviving, it is thriving. With nearly two dozen commercial breweries or brew pubs in the area, and another half-dozen on the horizon, there has never been more variety and diversity from which to choose.

With the oldest continually brewing facility in Ottawa, the 18-year-old Clocktower Brew Pub boasts four locations in Ottawa.

Beau's, which recently celebrated its eighth anniversary, has massively expanded its brewhouse, and is also expanding its Ontario-wide distribution into New York state, as well as eyeing the Quebec market for early next year.

Four-year-old Kichesippi is bursting at the seams with an army of draft accounts, three LCBO offerings, and an extremely popular line of old-fashioned sodas in Harvey & Vern's.

Beyond The Pale has quadrupled its output thanks to a generous loan of equipment from

Broadhead has expanded to not only keep up with its ever-expanding line of beer, but also a hectic contract brewing schedule.



Lon Ladell from Big Rig Brewery raises a pint at their new brewery. Big Rig will be one of the many craft brewers at the National Capital Beer Festival Friday to Saturday at Marion Dewar Plaza/city hall. CONTRIBUTED

Big Rig is busy in the midst of opening a brewery and a second brew pub.

Craft beer once seemed to be the domain of only the wildly adventurous, the hipster foodie bloggers, and self-admitted beer geeks, but we are seeing craft beer as a viable alternative to wine on the table and big brewery offerings for both every day and special drinking experiences.

Local brewers have done an outstanding job of creating both accessible and interesting flavours for us discover on their own or pair with a wide array food.

In February, Beau's St. Luke's Gruit filled with lavender, rosemary and thyme was a perfect pairing to a well-seasoned roast chicken. The Clocktower marked the beginning of the Major League Baseball season by creating its signature "Valentine 17 Ball Park Beer" that was chock full of Hubba Bubba bubblegum and was a big league success.

And new Dominion City Brewing recently released its surprisingly sessionable Earl Grey Marmalade Saison, which will prove to be a patio favourite and not just for breakfast.

The imagination of our hometown brewers

is only rivalled by the enthusiasm of Ottawa's beer drinkers. So get out there and grab a growler, or head to a pub and raise a pint to your favourite local brewery and to yourselves your support is helping local brewers make some really exciting things happen in the 613. - Jeff O'Reilly is the general manager of D'Arcy McGee's on Sparks Street and a freelance beer writer/speaker/emcee/presenter. He is the director of beer programming at The Ottawa Wine & Food Festival, an adviser to The National Capital Craft Beer Week, and teaches the Prud'homme beer certification program in Ottawa.

ORIGINAL BREW PUB EST. 1996

CLOCKTOWER.CA

Discover Brewer's Delight

Since 1991, a small community of craft beer fans has been coming to Brewer's Delight on Bentley Avenue. In fact, many in this community have made Brewer's Delight their first choice for more than 23

Brewer's Delight operates an eight-barrel brew house. Licensed as a brew-on-premise facility, Brewer's Delight is unique in this field in that it offers people the chance to make beer — beer that is truly craft beer, brewed naturally from raw ingredients, not from extract.

In this format, you simply choose your beer wort (beer before it's beer) and then add the yeast to start fermenting. The beer then spends the next two weeks maturing until it's ready for you to bring home.

Brewer's Delight offers four standard craft brews.

The Bentley Lager is a continental style lager, easy drinking and refreshing. A rare find in microbrewed beer.

The European Gold is a pale ale with



loads of character. Its malty base is reminiscent of old-world style.

Red Kölsch offers a small twist on a great style. Take your average Kölsch, then add chocolate malt and roasted barley. The ultimate session beer.

Bittersweet Brown is a classic English ale. Dark and malty, full-bodied with all the richness of black patent and dark chocolate malt, offset with just enough hops.

Brewer's Delight also has seasonal favourites — traditional IPA, crisp Pilsner, and Oktoberfest porter. Throw in a bitter, a wheat, and an amber Vienna and you are

At Brewer's Delight, the brew house is not behind glass, and the knowledgeable staff and brewmaster are happy to meet you and chat about all things beer related.

For more, visit brewersdelight.com.

A NEW BEER ON THE BLOCK SINGHA HITS TAPS FOR FIRST

TIME AT CRAFT BEER FEST

While the National Capital Craft Beer Festival is dominated by local brewers from the region and around Ontario and Quebec, there is an exotic new entry introducing itself this year.

Singha, the original Thai beer, produced at Thailand's Boonrawd brewery since 1933, will be on-site to introduce its German-style lager to new audi-

"We are thrilled to participate in the National Capital Craft Beer Festival for the first time," says Singha's Joann Leelamankong. "We are looking forward to being there and pouring the beer sampling for everyone.

Although the Thai brewery began exporting its beer in the 1970s, Singha is a relatively

recent arrival on Ontario shelves. The LCBO began carrying it less than 10 years ago. Before that, it was only available here by private order. There are plans in motion to offer the distinctive Thai brew at The Beer Store in the near future.

Singha's distinctly Asian flavour is a welcome addition to the festival, says founder J.P. Fournier. "It's cool to see that on an international scale, craft beer is becoming extremely popular."

As an added incentive to discover Singha, the brewery is offering a six-pack for \$11.25, a \$1 saving, at the LCBO, until Aug. 17.

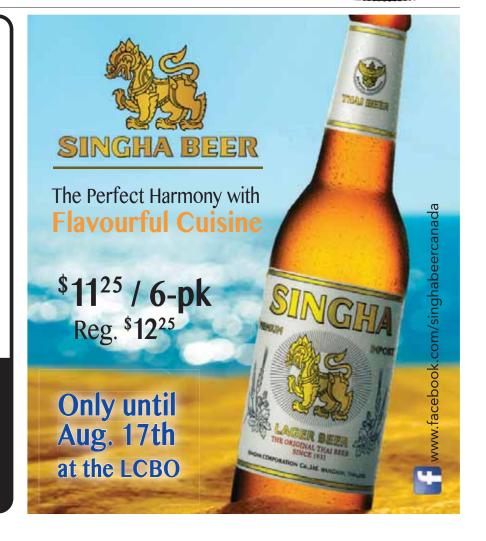


Ottawa's Oldest Brewery



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Visit brewerdelight.com to see our current specials 149 Bentley Ave. Unit 1D | 613.225.0563



Check out a new, improved festival

Food, live music and wider selection of beverages

There have been a number of changes and additions to the third annual National Capital Craft Beer Festival, which kicks off Friday in front of Ottawa City Hall.

For example, this year, a few international craft breweries will be represented on-site.

"It's important to ensure that everybody who visits the festival is able to relax and enjoy," says Philip Dangerfield, executive producer of Knowledgeable Consumption, the company behind the National Capital Craft Beer Festival. "We have noticed that there was something missing for those who don't drink craft beer. So, this year, we have added Angry Orchard Cider and Smoky Ridge Vineyards from just south of Ottawa. There will also be non-alcoholic beverages available."

Big changes have also been made to the entertainment side at the National Capital Craft Beer Festival. An outdoor stage has been added that is positioned so it can be seen throughout the park.



Once again, the festival's entertainment lineup combines some of Ottawa's most talented musicians. Lucky Ron kicks things off on the main stage at 5:45 p.m on Friday. The local legend has been performing in the Nation's Capital for 28 years. Following Lucky Ron's set will be the Mackenzie Rhythm Section, a local funk/soul/rock group, and Toronto's New Country Rehab.

On Saturday, there will be live music

ENTERTAINMENT SCHEDULE

FRIDAY:

- Lucky Ron 5:45 p.m.
- Mackenzie Rhythm Section 7:15 p.m.
- New Country Rehab 8:30 p.m.

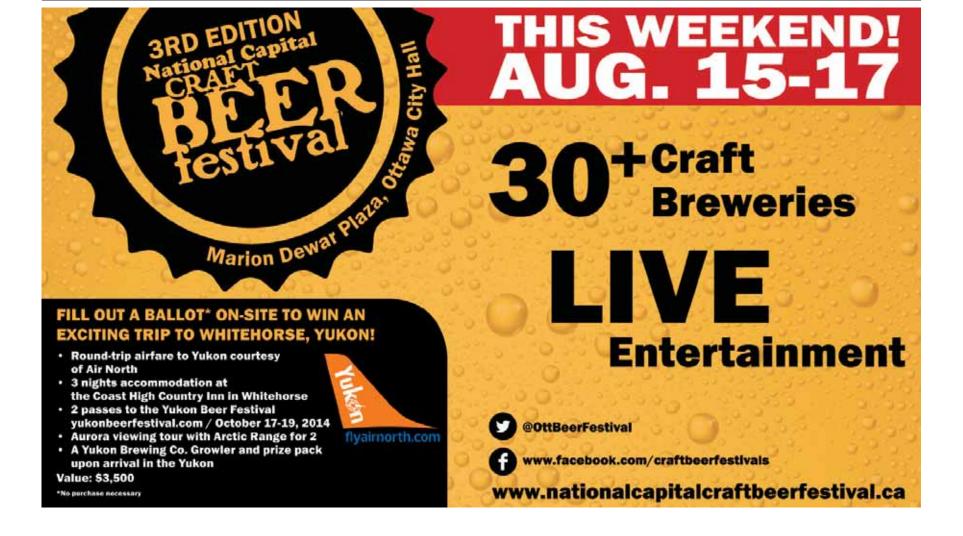
SATURDAY:

- Jeremy Murphy 1 p.m.
- Shannon Rose 2:30 p.m. The Claytones 4 p.m.
- · Loon Choir 5:30 p.m. • Still Water Hills - 7 p.m.
- Autumns Cannon 8:30 p.m.

throughout the day from local artists Shannon Rose, The Claytones, Loon Choir and Still Water Hills — even more performers will likely be announced throughout week.

And to tickle your taste buds, there will be a wide selection of food available at the festival, which features a Texas-style themed menu, including roast chicken, pizza, and more.

For more information, visit nationalcapitalcraftbeerfestival.ca.



LCOME PUBLICAN HOUS

Publican House Brewery, Peterborough's award-winning premium craft brewery, is pleased to participate in its first National Capital Craft Beer Festival.

Ottawa is a great city with a vibrant and growing craft beer scene so Publican House Brewery is excited to share its selection of beers with a community that has embraced the move to craft beers, says Matt Philips, one of the brewery's partners.

This family-run brewery has been brewing for six years and has dedicated this time to

making quality, all-natural, delicious craft beer. Head brewer Brian Pope is dedicated to producing the highest quality beer to create a wide variety of flavours and some of the finest and most interesting brews in Ontario. Pope's efforts were most recently rewarded with a gold medal from the Ontario Brewing Awards for his signature brew, Pub House

The brewery makes six distinct styles of beer with all-natural ingredients, some available year-round, others available seasonally.

Publican House beer is available to purchase at its retail store, as well as select LCBOs and The Beer Stores. The brewery also features a tasting bar for consumers to sample its selection of brews, as well as live music and local restaurants serving on its patio every weekend.

Drop by the Publican House Brewery booth at the National Capital Beer Festival to say hello and sample one of its beers. For more, visit publicanhouse.com, or on Facebook at facebook.com/PublicanHouse.





Turtle Island creation crosses global borders

Collaboration with Israeli Alexander Brewery

When the Turtle Island Brewing Company opened last year on Canada Day, co-founder J.P. Fournier made it clear that it was his intent to brew locally, but think globally.

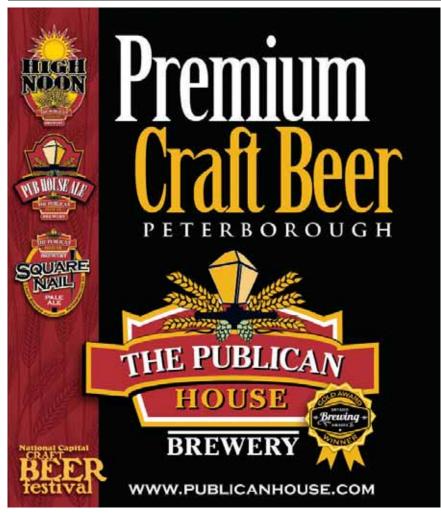
The brewery is named after the Aboriginal creation story, Fournier explained at the time. "Depending on the translation of that story,

Turtle Island either represents Canada, North America or the world. We see it as basically representing all three, an opportunity to work with natural ingredients from different cultures, and as much local as well."

This year, Fournier is putting that vision into action, teaming up with Ori Sagy, founder of Israel's award-winning Alexander Brewery, to make a truly international craft brew.

"Our approach is to create a friendship beer, so something that focuses on an ingredient or two that we feel represents Israel, and the same thing with Canada, and sort of combining the two and coming up with a creative beer for people to share," Fournier says.

The Israeli Embassy put the two in touch, and they have talked on the phone, but the real partnership will begin during the festival over some great beer. "While he's down here for the festival, he and I are going to be spending a lot of time together discussing beer, hopefully, sharing a few as well, seeing where our tastes match and then (we'll) start the collaboration process," Fournier says.





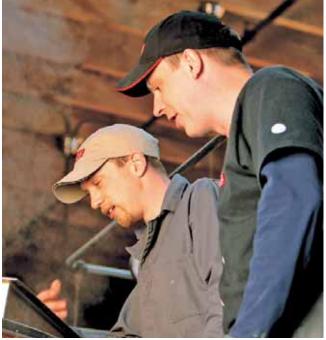
METRO CUSTOM PUBLISHING CRAFT BREWING metre

Creative craft brewing at Mill Street

Mill Street brewers Joel Manning and Adam Rader share their recent updates

Metro caught up with Mill Street's Joel Manning and Adam Rader for a conversation about what's happening in brewing at their Ottawa brew pub in Lebreton Flats.





Adam Rader, left, and Joel Manning. CONTRIBUTED PHOTOS

METRO: It's been about a year since we last spoke and our first question is — what have you guys been up to?

JM: It's been a busy 12 months, for sure. We have lots of new brews to talk about. We made our first lagers here in Ottawa, and I should mention that the water in Ottawa is

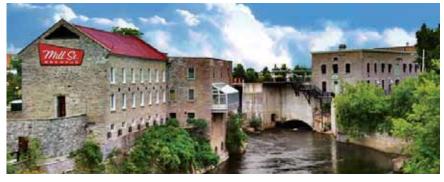
ideal for brewing lagers because it's so soft. There are three, based on German brewing traditions: Dammerung Dunkel is a dark lager that uses German and Canadian hops and has a great malty taste. Dammerung translated to English means "sunset" and we named the beer Dammerung Dunkel to reflect its dark colour. Vienna Lager is a light copper colour and achieves a great balance between the malt and the hops in the beer. We joke that it is the official beer of Sigmund Freud because "ID's" really delicious. Hellweg Lager is a Dortmunder-style lager. These are light, dry, blonde lagers that were originally created in Dortmunder, one of Germany's most famous brewing towns. Hellweg is the German word for highway and, in the old days, the Hellweg was the route they used to move the Dortmunder Lagers to other towns for sale.

METRO: The National Capital Craft Beer



Festival is upon us. What's Mill Street got planned for it specifically?

AR: This is a very cool opportunity for us to get really creative in our beer styles. What we are doing is making a bunch of one-off cask ales specifically for the festival. Cask beers are unfiltered and served from a cask, rather than a bottle, can or keg, without any additional pressure provided by CO2. Of course, since these are highly customized brews, we can try out a bunch of different things and we will be tapping a different cask each day of the festival. On Friday, it's our Summer Ale. This is an English-style amber ale, 4.2 per cent ABV (alcohol by volume), made with German Hersbrucker hops. Our cask version is a profoundly hoppy, thirst-quenching "session" ale certain to please all the "hopheads" out there. On Saturday, we tap a cask of My Darlin' Lemon Thyme. This is a collaborative brew between Mill Street and Brothers Beer Bistro and is a 6.5 per cent Saison brewed with lemon balm, thyme and black pepper. This cask has very intense herbal notes that complement the fruity flavours of the traditional yeast strain we brewed it with. On Sunday, we finish off the festival with a cask version of Mill Street Valley Irish Red. This is a five per cent brew made with chocolate and Hersbrucker hops. This cask will have the caramel/toffee notes that Valley Irish Red is famous for. We then add chocolate extract to deepen these earthy tones — very pretty indeed. We are really excited about pouring these very cool brews at the festival and we are looking forward to seeing you there.





New 100th Meridian Organic Amber Lager

Mill Street brews 100th Meridian with light caramel malts, as well as Bravo and Cascade hops from organic farms west of the 100th Meridian. The beer is an adaptation of a 19th-century lager, firmly grounding it in North American brewing tradition. And, of course, it's certified organic.

Harvest Sampler

Mill Street's Harvest Sampler will be back in LCBO stores in early fall. It features two great beers — Mill Street Oktoberfest Lager, and Nightmare on Mill Street Pumpkin Ale.





Beau's revered for its do-it-yourself ethic

Family-owned brewery carves its own swath

DIY: Do it yourself.

Such is the ethic behind Vankleek Hillbased, certified-organic craft brewery Beau's All Natural Brewing Company. In a day and age where many tend to wait on others for assistance, permission or approval, Beau's All Natural is revered for its progressive mentality, as much as for its community spirit.

Founded in 2006 by the father/son team of Tim and Steve Beauchesne, this family-owned and operated business has been carving its own swath at a time when craft beer as an entity has seen a positive spike in appeal, appreciation and adoration.

Beau's All Natural, the first brewery in Canada to certify as a benefit corporation, or B-corp., is committed to unique brews, unconventional programs aimed at assisting community needs, educating about environmental concerns and a general "turn left when everyone else is turning right" humility.

Showcasing that mentality at the third annual National Capital Craft Beer Festival

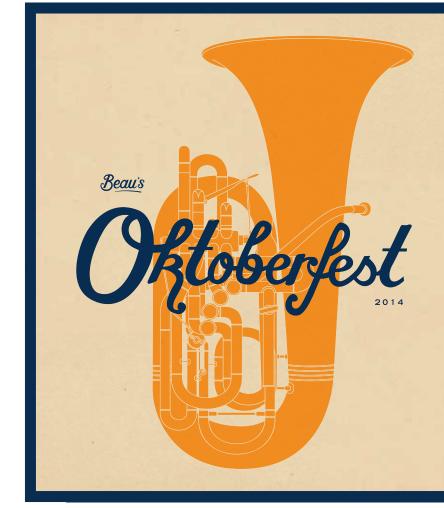
"BEAU'S ALL NATURAL ...
IS COMMITTED TO UNIQUE
BREWS, UNCONVENTIONAL
PROGRAMS AIMED
AT ASSISTING
COMMUNITY NEEDS ..."

(NatCap), Friday to Sunday at the Marion Dewar Plaza/city hall, Beau's All Natural brings forth an unusual, as-yet unnamed, beer to the taps this year. The blend includes one of Beau's own beers with selections from Ottawa's own Stock Pot Ales, Ashton Brewing and Beyond The Pale to create an entirely unique one-off experience.

With its flagship brew Lug Tread — a self-defined "lagered ale" blending the best elements of two distinct brews — and the company, as a whole, winning best beer and best brewery at last year's event, respectively, it's a safe bet this inimitable beer will be as interesting as it is exciting.



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metronews.ca Thursday, August 14, 2014 SPORTS 37

Ivan Hlinka tournament

Canada romps over Slovakia

With first place in Group B of the Ivan Hlinka Memorial Cup sealed, Canada's under-18 men's hockey team didn't let up in routing host Slovakia 5-1 on Wednesday.

Canada got goals from Ethan Bear, Lawson Crouse, Mitchell Marner, Travis Konecny and Tyler Soy but most importantly stayed healthy going into Friday's semifinal showdown with the United States.

"It's a tough game to play knowing that you've already clinched first place, but I think we accepted the challenge and kept things very simple in our game plan,"coach Jody Hull said. "The biggest was to stay with our team structure and to get through the game without any injuries." THE CANADIAN PRESS

Future commissioner

MLB prepares for life after Selig

Major League Baseball owners have begun two days of meetings that could lead to the election of commissioner Bud Selig's successor.

MLB chief operating officer Rob Manfred, Boston Red Sox chairman Tom Werner and MLB executive vice-president of business Tim Brosnan were picked by the seven-man succession committee as candidates and were slated to make presentations Wednesday to the delegations from the 30 teams.

Selig, 80, announced last fall that he plans to retire in January 2015.

THE ASSOCIATED PRESS



Santos waiting for call back up to bigs

MLB. Blue Jays reliever feels he has worked out his issues with triple-A affiliate

When the Toronto Blue Jays sent Sergio Santos to the minor leagues, general manager Alex Anthopoulos said he wanted the reliever to pitch some innings and "get back on track."

Santos is definitely back on track. In 6 2/3 innings over seven appearances since being assigned to triple-A Buffalo, the right-hander has given up just one hit and no

"I feel like I'm in a good place," Santos said Tuesday night after recording two outs to pick up a save. "I feel a lot better attacking the zone with my fastball, and the command of my fastball has been a little bit better. I'm not kind of missing over the plate, I feel like I'm getting thirds, whether it's the inner or outer half."

Satisfied with his performance with the Bisons, Santos

Jays vs. Mariners

Go to metronews.ca for coverage of Wednesday's game in Seattle.

has been left to wonder why the Blue Jays haven't called him back up to the majors or given him any indication on when they might.

"I haven't had any communication with them, which has been a little frustrating at times because I feel like I've ironed some of the things out that I needed to iron out and I'm just waiting for that opportunity to go back out there and hopefully do what I'm doing here," Santos said.

In Santos' place, the Blue Jays have blue-chip prospect Aaron Sanchez, who is one of five right-handers in the bullpen along with closer Casey Janssen, Chad Jenkins, Todd Redmond and Dustin McGowan.

Santos has a 7.78 earnedrun average in 24 appearances for the Blue Jays this season after putting up a 1.75 ERA in 2013. THE CANADIAN PRESS

NBA denies urging Raps to dismiss Drake



The NBA is refuting a Globe and Mail report that suggested the league offered to drop a tampering fine issued to the Toronto Raptors if the team removed Drake's title of global brand ambassador.

The league recently fined the team after Drake, a popular Toronto rapper, let Oklahoma City's Kevin Durant know he was wanted in Canada during a concert that the Thunder star attended earlier this month. During the performance, Drake shouted to his hometown crowd to show the league's

Not a free agent yet

Kevin Durant can become a free agent after the 2015-16 season. He has spent his entire career with the Thunder franchise.

MVP what it would be like if he came to play for the Raptors, causing a loud ovation.

"As the Raptors' global ambassador, Drake must follow our anti-tampering rules," Tim Frank, the league's senior vice-president of basketball communications, said in an email to The Canadian Press on Wednesday. "At no point did we suggest his title be removed but we were clear that as long as he acted as a representative of the team, he is subject to the league's rules."

Drake, who calls some of the league's biggest stars his close friends, was formally introduced as the global brand ambassador of the team last September.

THE CANADIAN PRESS WITH FILES
FROM THE ASSOCIATED PRESS

metr⊕ **SPORTS**



Liberté, Égalité ... Rugby

Canada's Elissa Alarie fights through a tackle by French players during the women's Rugby World Cup in Paris. Canada moved to the final with a tense 18-16 win over the hosts. Scan the image with your Metro News app for a gallery of Wednesday's action, FRED DUFOUR/AFP/GETTY IMAGES

F1. Ecclestone makes \$110M payment: Court

Ecclestone has made the \$110-million payment he agreed to last week, meaning the bribery case against the Formula One boss is formally

The Munich state court on Aug. 5 approved an agreement between Ecclestone's lawyers and prosecutors to end the trial. It gave the 83-year-old Englishman a week to pay the money -\$99 million of which goes

A German court says Bernie to the state and the remaining \$1 million to a German organization that helps terminally ill children.

The court said on Wednesday that the payment was made on time.

Ecclestone faced charges of bribery and incitement to breach of trust over a payment to a German banker in charge of selling a stake in F1 in 2005. Ecclestone denied wrongdoing.

THE ASSOCIATED PRESS

Beware the Suarez



"He's great to have, but an accident waiting to happen, and if you spend your time trying to promote what's good about the Premier League, you're always waiting for the next

thing to come along."

Richard Scudamore, CEO of the Premier League, saying he wasn't exactly heartbroken over Luis Suarez's \$140-million transfer from Liverpool to Barcelona in July.

Van Gaal quick to pick his battles at United

Showing off. Dutch manager wastes no time making himself noted at Old Trafford

"Welcome to Vanchester" reads the message on a giant billboard on one of Manchester's busy streets.

Above the words, a picture of a smiling Louis van Gaal, his arms outstretched in a triumphant pose, dominates the red background.

And it's not just the landscape of the city that is changing following Van Gaal's hiring as Manchester United manager.

With three days to go until the Premier League season begins, English football is also wising up to the fact it has a new firebrand coach in its midst, someone who has never been afraid to speak his mind or issue reminders of his qualities and past achievements.

Manchester City, the reigning Premier League champion, is talking about finally making its mark in Europe. Arsenal is sensing its best chance to win the league title in years. And Chelsea has been installed as one of the favourites for the championship following the arrival of attackers Diego Costa and Cesc Fabregas.

But the real intrigue heading into the new campaign is how successfully, and quickly, Van Gaal settles in at United and whether he can restore the fortunes of England's biggest club, which went into free fall in the 10-month reign of David Moyes last season.

Van Ğaal has wasted no

One out

Luke Shaw, one of Manchester United's two major signings this off-season, has been ruled out for about four weeks with a hamstring

injury. United announced the injury to the England left back on Wednesday, three days before the club begins its Premier League campaign.

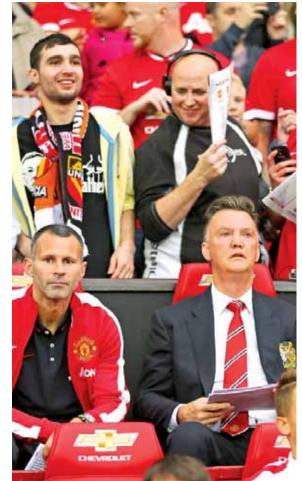
time in making his presence felt at Old Trafford and, as expected, he's been in the thick of the headlines.

Already, he has spoken of his concerns that United's vast commercial commitments were impinging on football matters. He has questioned the suitability of the main field at United's training centre. He has changed the formation of the team to one rarely used in English football: a 3-5-2. He has been openly critical of one of his player's fitness (new signing Luke Shaw). And he is in the process of overhauling the playing squad, with some highprofile names either already out of Old Trafford or starting to pack their bags.

'He looks to be his own man who knows exactly what he wants to do," United goalkeeping great Peter Schmeichel said. "I think we should be contending for the title again this season under

Many United fans will be of the same opinion.

Having collected league titles in spells at Ajax, Barcelona and Bayern Munich, Van Gaal already had a big opinion



Man United's general manager Louis van Gaal, right, with coach Ryan Giggs at a friendly match against Spain's Valencia. c...ve вкимsкиц/сеттү имсеs

of himself before coming from Brazil with his reputation bolstered. From this position of strength, he has laid down the law in his first month at

"Manchester United shall do everything to adapt to my rules for good preparation," he said then. THE ASSOCIATED PRESS



" (2002)

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

T Aries

March 21 - April 20

The deal you are being offered may seem generous but make sure you read the small print carefully before deciding if it is the right deal for you.

Taurus April 21 - May 21

Friends and loved ones have the upper hand at the moment and if you are smart you will not make a fuss.

ll Gemini May 22 - June 21

Cosmic activity in the work area of your chart makes this a good time to get started on things of a practical nature. Set targets but make sure they are ones you can reach.

9 Cancer

June 22 - July 23

Mars and Pluto will combine over the next 48 hours to give your ego and energy a much-needed boost. You won't lack for self-belief, so much so that you honestly believe all things are possible. Aim high.

Ω Leo July 24 - Aug. 23

If you have done something you feel less than happy, about now would be a good time to own up to it. If you confess your "sin" you will be forgiven.

W Virgo Aug. 24 - Sept. 23

You won't let little things like work and domestic commitments hold vou back today. As far as you are concerned it's OK to have fun. In fact, it's demanded.

📤 Libra

Sept. 24 - Oct. 23

The planets suggest you are thinking about buying something costly. It's your money and you can do what you want with it but is it something you need or is it an impulse purchase? Think it over.

M Scorpio Oct. 24 - Nov. 22

You have the power to reach out and take whatever it is you want to possess, so what are you waiting for? Don't let other people's doubts hold you back.

7¹ Sagittarius Nov. 23 - Dec. 21

No matter how eager you may be to get started on a new project you need to take time out and get your head around all the changes that are taking place in your world.

6 Capricorn

Dec. 22 - Jan. 20

You'll be asked to do a favour today for someone you don't like but if you are smart you will do it with a smile. You could make yourself a useful ally.

Aquarius Jan. 21 - Feb. 19

Anyone who thinks they can threaten you will discover how tough a cookie you can be over the next day. Don't worry about making enemies. It means you're being taken seriously.

H Pisces Feb. 20 - March 20

Speak up, loudly.

A robust set of influences will make you quite vocal over the next 48 hours and that's good.

Crossword: Canada Across and Down by Kelly Ann Buchanan

33

40

43

61

Across

- 1. Edmonton-born comedian, Tommy 6. Glamorous getaway 9. Stevie Wonder's Made to Love Her"
- 13. Particular pink 14. Frosts
- 15. 'The Big Easy' 16. Ancient Greek colony
- 17. Feist song 19. "___." (Poker player's 'no more for
- me') 20. Keyboard key
- 21. Portends
- 22. Inundate
- 24. Bryan Ferry band, Music
- 25. Yore
- 28. Rapture
- 30. Mastiff's mitt
- 33. Legally accountable
- 35. Final [abbr.] 36. Singer/songwriter
- Ms. Kelly
- 37. Allegiant 38. "General Hospital"
- sets, briefly 39. Drive-thru extras
- 40. Worldwide [abbr.] 41. "Sheila" by
- Tommy 42. Movie star Ms.
- Woodward 43. Listener
- 44. Coagulate
- 46. Bit Chef America" 47. "_
- 49. Similar
- 51. Narcotized
- 53. Branch
- 54. Carnivals 58. One of the Canadian Rockies mountains on the \$10 bill
- 60. Grain fungus 61. Legal 'deal'
- 62. "Believe" singer
- 63. Swiped
- 64. PM Harper, for
- 65. Gr. Neil Young joined 66. Pitched

62

65

Down

48

- 1. Caesar's 202 2. Clopper-on-cobble-
- stone 3. Of little use
- (Not eggsactly helpful)

20

29

42

50

stuff

60

63

35

- 4. Hammer's ham-9. Desk item for new
- 5. Malcolm __, Canadian writer for The New Yorker 6. Winnipeg: Assiniboine Park artsy

merees

- attraction, Leo Mol
- 7. Bug 8. Wynonna's sis
- 10. Writers at (Annual gathering of scribes/musicians in Newfoundland) 11. Succulent plant 12. __ Club (Walmart-

31

owned American warehouse store) 14. Islamic leaders 18. Hugh Grant movie,

- 26. Canadian quitarist Ms. Boyd 27. "...one way ticket,
- yeah..." goes this Beatles tune: 2 wds. 29. CFL's Montreal plavers
- 31. Sphere 32. __ up (Became enlightened)

"About

23. Champion

24. Alphabetic trio

25. 1960s hit song-

writer Ms. Greenwich

- 34. __ Harbour, Florida
- 36. Sing-y syllable 38. 'Bass' suffix
- 39. Current music event in Saskatoon 41. Harry's pal at
- Hogwarts 42. "__ guru deva om / Nothing's gonna
- change my world..." - The Beatles, "Across
- the Universe' 44. Musical finale
- 45. Mr. Fudd 48. Track: __ race
- 50. "Fantasy" by ___, Wind & Fire
- 51. Store's 'Produce', 52. A capital in Europe
- 53. Wows! equivalents 55. Alexander Borodin opera, Prince
- 56. Movie part 57. Hearty meal
- _-1701 (U.S.S. Enterprise marking)

Yesterday's Crossword

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See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

5	3	7	4	8	2	1	6	9
8	4	2	1	6	9	3	5	7
6	9	1	7	3	5	8	2	4
3	7	9	2	4	8	5	1	6
2	6	5	3	7	1	9	4	8
4	1	8	5	9	6	7	3	2
9	8	3	6	5	4	2	7	1
7	2	4	8	1	3	6	9	5
1	5	6	9	2	7	4	8	3

				3		2	4	
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3					9		5	
		6		8			9	
8			9		2			1
	3			4		8		
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	1	5		7				

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